



DRESSAGE NZ ACHIEVEMENT AWARDS



FOUNDATION AWARD

Rider Name		ESNZ #:	
Email		Mob:	
Horse/Pony		ESNZ#:	
Event		Date	
Venue			
Test 1 Name		%	
Test 2 Name		%	
Test 3 Name		%	

On completion email in word or .pdf format. Photos not accepted. Or post to one of the assessors.

Rider Achievement Award Assessors

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QUESTIONS – PART 1

1. Name and explain the “Scale of Training”?
2. Why is it important to follow it?

QUESTIONS – PART 2

Answer any **three** of the questions below:

1. What is the purpose of the stretching exercise asked for in several tests? E.g.: Novice Test 2 A, Movement 4?
2. Compare lengthen trot strides in Novice with medium trot in Elementary.
3. Why is leg yielding introduced at Novice level?
4. Why is collection the last element of the training scale?