**Questio** **ns – Prelim/Novice**

Compulsory questions for award:

# **FOUNDATION AWARD**

|  |  |  |  |
| --- | --- | --- | --- |
| Rider Name |  | ESNZ #: |  |
| Email  |  | Mob: |
| Horse/Pony |  | ESNZ#: |  |
| Event  |  | Date |
| Venue |  |
| Test 1 Name |  | % |  |
| Test 2 Name |  | % |  |
| Test 3 Name |  | % |  |

On completion email in word or .pdf format. Photos not accepted. Or post to one of the assessors.

# Rider Achievement Award Assessors

Andrea Raves | 12B Ceres Crescent | Wellington 6037 tetch@xtra.co.nz

Bill Noble | 47 Ringer Rd | RD7 | Hamilton 3287 safbnoble@xtra.co.nz

Philip Oxenius | 2 Coastal Court | Longbay |Auckland 0630 poxenius@gmail.com

# QUESTIONS – PART 1

1. Name and explain the “Scale of Training”?
2. Why is it important to follow it?

# QUESTIONS – PART 2

Answer any **three** of the questions below:

1. What is the purpose of the stretching exercise asked for in several tests? E.g.: Novice Test 2 A, Movement 4?
2. Compare lengthen trot strides in Novice with medium trot in Elementary.
3. Why is leg yielding introduced at Novice level?
4. Why is collection the last element of the training scale?