

# Purpose of Preliminary Level Tests

To confirm that the horse demonstrates correct basics, by showing suppleness both laterally and longitudinally, moving freely forward in a clear rhythm with a steady tempo and readily accepting contact with the bit. Correct geometry and lines of travel should be shown.

## Introduces

- 1A: Working trot, working canter, medium walk, free walk on a long rein, 20m circles in trot and canter
- 1B: Stretch circle in trot
- 1C: Serpentine in trot. Changing of bend on a shallow loop. Canter trot transition on diagonal
- 1D: Give & retake the reins for 2-3 strides in trot, 5m loop in trot

## Instructions

To be ridden in a snaffle. All trot work may be sitting or rising unless stated otherwise. Halts may be through the walk.

| Collective Marks   | Coeff |
|--|-------|
| <b>Paces</b><br>(Freedom and regularity)   | 1     |
| <b>Impulsion</b><br>(Desire to move forward, elasticity of the steps, relaxation of the back and engagement of the hindquarters)   | 1     |
| <b>Submission</b><br>(Willing cooperation, harmony, attention and confidence; acceptance of bit and aids, straightness, lightness of the forehand and ease of movements) | 2     |
| <b>Rider's position and seat; correctness and effective use of the aids</b><br>(Clarity, subtlety, independence, accuracy of test)                                       | 2     |

Arena size: 60m x 20m or 40m x 20m  
Test Time: 5:00 Minutes or 4:00 minutes (from entry at A to final halt)  
Suggested Draw Time: 8:00 minutes 60x20 or 7:00 minutes 40x20

| TEST                                    |                        | DIRECTIVE  | Coef   |
|---|------------------------|--|--|
| 1                                       | A<br>X                 | Enter in working trot<br>Halt, Salute<br>Proceed in working trot                   | Regularity and quality of trot; willing calm transitions; straightness, attentiveness; immobility (min. 3 secs)  |
| 2                                       | C<br>E<br>EA           | Track left<br>Circle left 20m<br>Working trot                                      | Regularity and quality of trot; shape and size of circle; bend; balance  |
| 3                                       | A                      | Circle left 20m,<br>developing left lead canter<br>in first quarter of circle      | Willing, calm transition; regularity and quality of paces; shape and size of circle; bend; balance   |
| 4                                       | AFB                    | Working canter   | Regularity and quality of canter; bend and balance in corner; straightness   |
| 5                                       | Between<br>B & M       | Working trot   | Willing, calm transition; regularity and quality of paces; straightness; bend and balance in corner  |
| 6                                       | Between<br>C & H<br>HE | Medium walk<br>Medium walk   | Willing, calm transition; regularity and quality of walk, bend and balance in corner   |
| 7                                       | EF<br>FA               | Change rein in free walk<br>on a long rein<br>Medium walk                          | Regularity and quality of walks; reach, overtrack and ground cover of free walk allowing complete freedom to stretch the neck forward and downward into a light contact; straightness; clear, balanced transitions |
| 8                                       | A<br>AE                | Working trot<br>Working trot   | Willing, calm transition; regularity and quality of trot; bend and balance in corner; straightness   |
| 9                                       | E<br>EC                | Circle right 20m<br>Working trot   | Regularity and quality of trot; shape and size of circle; bend; balance  |
| 10                                      | C                      | Circle right 20m,<br>developing right lead<br>canter in first quarter of<br>circle | Willing, calm transition; regularity and quality of paces; shape and size of circle; bend; balance   |
| 11                                      | CMB                    | Working canter   | Regularity and quality of canter; bend and balance in corner; straightness   |
| 12                                      | Between<br>B & F<br>FA | Working trot<br>Working trot   | Willing, calm transition; regularity and quality of trot; straightness; bend and balance in corner   |
| 13                                      | A<br>X                 | Down centre line<br>Halt, Salute   | Bend and balance in turn, regularity and quality of trot, willing, calm transition; straightness, attentiveness; immobility (min. 3 secs)  |
| Leave arena in walk on a long rein at A |                        |  |  |

Arena size: 60m x 20m or 40m x 20m

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Suggested Draw Time: 8:00 minutes 60x20 or 7:00 minutes 40x20

| TEST                                    |  | DIRECTIVE  | Coef |
|---|--|--|------|
| 1                                       | A<br>X<br>Enter in working trot<br>Halt, Salute<br>Proceed in working trot   | Regularity and quality of trot; willing calm transitions; straightness, attentiveness; immobility (min. 3 secs)  |      |
| 2                                       | C<br>B<br>BK<br>Track right<br>Circle right 20m<br>Working trot  | Regularity and quality of trot; shape and size of circle; bend; balance  |      |
| 3                                       | KXM<br>MC<br>Change rein<br>Working trot   | Regularity and quality of trot; straightness; bend and balance in corner   | 2    |
| 4                                       | Between<br>C & H<br>HE<br>Working canter left lead<br>Working canter   | Willing, calm transition; regularity and quality of canter; bend and balance in corner; straightness   | 2    |
| 5                                       | E<br>Circle left 20m   | Regularity and quality of canter; shape and size of circle; bend; balance  |      |
| 6                                       | Between<br>E & K<br>KA<br>Working trot<br>Working trot   | Willing, calm transition; regularity and quality of trot; straightness, bend and balance in corner   |      |
| 7                                       | A<br>Before<br>A<br>AF<br>Circle left 20m rising trot,<br>allowing the horse to stretch<br>forward and downward<br>Shorten the reins<br>Working trot | Forward and downward stretch over the back into a light contact maintaining balance and quality of trot; bend; shape and size of circle; willing, calm transitions   |      |
| 8                                       | F<br>FE<br>Medium walk<br>Change rein, medium<br>walk  | Willing, calm transition; regularity and quality of walk   | 2    |
| 9                                       | EM<br>MC<br>Change rein, free walk<br>on a long rein<br>Medium walk  | Regularity and quality of walks; reach, overtrack and ground cover of free walk allowing complete freedom to stretch the neck forward and downward into a light contact; straightness; clear, balanced transitions | 2    |
| 10                                      | C<br>CE<br>Working trot<br>Working trot  | Willing, calm transition; regularity and quality of trot; bend and balance in corner; straightness   |      |
| 11                                      | E<br>EF<br>Circle left 20m<br>Working trot   | Regularity and quality of trot; shape and size of circle; bend; balance  |      |
| 12                                      | FXH<br>HC<br>Change rein<br>Working trot   | Regularity and quality of trot; straightness; bend and balance in corner   | 2    |
| 13                                      | Between<br>C & M<br>MB<br>Working canter right lead<br>Working canter  | Willing, calm transition; regularity and quality of paces; bend and balance in corner; straightness  | 2    |
| 14                                      | B<br>Circle right 20m  | Regularity and quality of canter; shape and size of circle; bend; balance  |      |
| 15                                      | Between<br>B & F<br>FA<br>Working trot<br>Working trot   | Willing, calm transition; regularity and quality of paces; straightness, bend and balance in corner  |      |
| 16                                      | A<br>X<br>Down centre line<br>Halt, Salute   | Bend and balance in turn, regularity and quality of trot, willing, calm transition; straightness, attentiveness; immobility (min. 3 secs)  |      |
| Leave arena in walk on a long rein at A |  |  |      |

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Suggested Draw Time: 8:00 minutes 60x20 or 7:00 minutes 40x20

| TEST                                    |                        | DIRECTIVE   | Coef  |
|---|------------------------|---|---|
| 1                                       | A<br>X                 | Enter in working trot<br>Halt, Salute<br>Proceed in working trot  | Regularity and quality of trot; willing calm transitions; straightness, attentiveness; immobility (min. 3 secs)   |
| 2                                       | C<br>HXK               | Track left<br>One loop  | Regularity and quality of trot; bend and balance in turns; shape and size of loop; changes of bend; balance   |
| 3                                       | Between<br>A & F<br>FB | Working canter left lead<br>Working canter  | Willing, calm transition; quality of trot and canter; bend in corner; straightness  |
| 4                                       | B<br>BMC               | Circle left 20m<br>Working canter   | Regularity and quality of canter; shape and size of circle; bend; balance   |
| 5                                       | HXF<br>X               | Change rein<br>Working trot   | Regularity and quality of paces; willing, calm transition; straightness; bend in corner   |
| 6                                       | A<br>AK                | Medium walk<br>Medium walk  | Willing, calm balanced transition; regularity and quality of walk   |
| 7                                       | KXH<br>HC              | Free walk on long rein<br>Medium walk   | Regularity and quality of walks; reach, overtrack and ground cover of free walk allowing complete freedom to stretch the neck forward and downward; straightness; willing, calm transitions |
| 8                                       | C<br>MXF               | Working trot<br>One loop  | Regularity and quality of trot; shape and size of loop; changes of bend and balance   |
| 9                                       | Between<br>A & K<br>KE | Working canter right lead<br>Working canter   | Willing, calm transition; regularity and quality of trot and canter; bend and balance in corner; straightness   |
| 10                                      | E<br>EHC               | Circle right 20m<br>Working canter  | Regularity and quality of canter, shape and size of circle; bend; balance   |
| 11                                      | C<br>CB                | Working trot<br>Working trot  | Willing, balanced transition; quality of trot   |
| 12                                      | B<br>Before<br>B<br>BA | Circle right 20m rising trot, allowing the horse to stretch forward and downward<br><br>Shorten the reins<br>Working trot | Forward and downward stretch over the back into a light contact maintaining balance and quality of trot; bend; shape and size of circle; smooth, willing, calm balanced transitions         |
| 13                                      | A<br>X                 | Down centre line<br>Halt, Salute  | Bend and balance in turn; regularity and quality of trot; willing, calm transition; straight, attentive halt; immobility (min. 3 secs)  |
| Leave arena in walk on a long rein at A |                        |   |   |

# Preliminary 1D<sup>®</sup>

Equestrian Sports New Zealand Dressage Test 2023  
Effective 1/9/2023

Arena size: 60m x 20m or 40m x 20m  
Test Time: 5:30 Minutes or 4:30 minutes (from entry at A to final halt)  
Suggested Draw Time: 8:00 minutes 60x20 or 7:00 minutes 40x20

| TEST |                                     | DIRECTIVE  | Coef  |   |
|------|-------------------------------------|--|---|---|
| 1    | A<br>X<br>C                         | Enter working trot<br>Halt, Salute<br>Proceed in working trot<br>Track right | Regularity and quality of trot; willing calm transitions; straightness, attentiveness; immobility (min. 3 secs)       |   |
| 2    | MF<br>F                             | One loop 5 metres in from track<br>Working trot                              | The balance, fluency and quality of the trot and design of the loop   |   |
| 3    | A                                   | 20m circle right working trot  | The roundness of the circle. The regularity, bend and balance of the trot   |   |
| 4    | KXM                                 | Change the rein working trot with transition to walk over X for 3-4 strides  | The balance and quality of the trot. The balance through the trot-walk-trot transitions over X, with clear walk steps | 2 |
| 5    | C                                   | 20m circle working trot left   | The roundness of the circle. The regularity, bend and balance of the trot   |   |
| 6    | HK<br>K                             | One loop 5 metres in from track<br>Working trot                              | The balance, fluency and quality of the trot and design of the loop   |   |
| 7    | <small>Between</small> A&F          | Working canter left  | The fluency and balance of the transition and canter  |   |
| 8    | B                                   | Circle left 20m working canter   | The quality of the canter. The bend. The roundness of the circle  |   |
| 9    | HXF<br><small>Between</small> X & F | Change the rein<br>Working trot  | The fluency and balance of the transition and the trot  |   |
| 10   | A                                   | Medium walk  | The transition. The regularity and energy of the walk   |   |
| 11   | KB                                  | Free walk on a long rein   | The regularity, relaxation, groundcover and lengthening of frame  | 2 |
| 12   | BH                                  | Medium walk  | The transition. The regularity and energy of the walk   |   |
| 13   | HC                                  | Working trot   | The fluency and balance of the transition and the trot  |   |
| 14   | <small>Between</small> C&M          | Working canter right   | The fluency and balance of the transition and canter  |   |
| 15   | B                                   | Circle right 20m working canter  | The quality of the canter. The bend. The roundness of the circle  |   |
| 16   | F                                   | Working trot   | The fluency and balance of the transition and the trot  |   |
| 17   | A                                   | Turn down centre line  | The bend and balance on the turn. The straightness on centre line   |   |
| 18   | X                                   | Halt, Immobility & Salute  | Willing calm transition, straightness, attentiveness; immobility (min. 3 secs)  |   |
|      |                                     | Leave arena in walk on a long rein at A                                      |   |   |