

# Purpose of Medium Level Tests

To confirm that the horse demonstrates correct basics and having begun to develop an uphill balance at Elementary, now demonstrates increased engagement, especially in the medium and extended paces. Transitions between collected, medium and extended gaits should be well defined and performed with engagement. The horse should be reliably on the bit and show a greater degree of straightness, bending, suppleness, throughness, balance and self-carriage than at Elementary Level.

## Introduces

4A: Extended walk, release of reins in trot, medium trot sitting, half pass at canter

4B: Half pass in trot, give and retake the reins in canter

4C: Collected trot to extended walk, extended trot, extended canter

## Instructions

To be ridden in a snaffle. All trot sitting.

Collective Marks	Coeff
<b>Paces</b> (Freedom and regularity)	1
<b>Impulsion</b> (Desire to move forward, elasticity of the steps, relaxation of the back and engagement of the hindquarters)	1
<b>Submission</b> (Willing cooperation, harmony, attention and confidence; acceptance of bit and aids, straightness, lightness of the forehand and ease of movements)	2
<b>Rider's position and seat; correctness and effective use of the aids</b> (Clarity, subtlety, independence, accuracy of test)	2

Arena size: 60m x 20m  
Test Time: 5:10 Minutes (from entry at A to final halt)  
Suggested Draw Time: 8:00 minutes

TEST			DIRECTIVE	Coeff
1	A X	Enter in collected trot Halt, Salute Proceed in collected trot	Engagement, uphill balance and quality of trot; well defined balanced transitions; straightness, attentiveness, immobility (min 3secs)	
2	C HP P	Track left Change rein, medium trot Collected trot	Bend and balance in turn; moderate lengthening of frame and stride with engagement, elasticity, suspension, straightness and uphill balance	
3		(Transitions at H and P)	Well defined balanced transitions; regularity and quality of trot, consistent tempo	
4	KE	Travers right	Angle, bend and balance; Engagement and quality of trot	
5	E EH	Circle right 10m Shoulder-in right	Regularity and quality of trot; shape, size and bend on circle. Angle, bend and balance	
6	MV V	Change rein, medium trot Collected trot	Moderate lengthening of frame and stride with engagement, elasticity, suspension, straightness and uphill balance	
7		(Transitions at M and V)	Well defined balanced transitions; regularity and quality of trot, consistent tempo	
8	FB	Travers left	Angle, bend and balance; Engagement and quality of trot	
9	B BM MC	Circle left 10m Shoulder-in left Collected trot	Regularity and quality of trot; shape, size and bend on circle. Angle, bend and balance	
10	CH HR	Medium walk Change rein in medium walk	Well defined balanced transition. Regularity and quality of the walk	2
11	RK K KA	Change rein at extended walk Medium walk Medium walk	Regularity, suppleness of back, activity, overtrack, freedom of shoulder, stretching to the bit. Well defined transitions	2
12	A PV VK	Collected trot Half circle left 20m diameter. Give and take the reins for 2-3 strides over the centre line Collected trot	Well defined transition. Clear release of reins maintaining self-carriage; engagement and collection; shape, size, and bend on circle. Quality of trot	
13	K KAF	Collected canter left lead Collected canter	Well defined balanced straight transition. Regularity and quality of the canter	
14	FI IC	Half pass left Down the centre line	Alignment and bend while moving fluently forward and sideways; engagement and self-carriage. Straightness on centre line	2

# Medium 4A<sup>®</sup>

Equestrian Sports New Zealand Dressage Test 2019  
Effective 1/8/2019

Arena size: 60m x 20m  
Test Time: 5:10 Minutes (from entry at A to final halt)  
Suggested Draw Time: 8:00 minutes

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TEST			DIRECTIVE	Coeff
15	C HP	Track left Change rein in medium canter	Moderate lengthening of frame and stride with engagement, elasticity, suspension, straightness and uphill balance; consistent tempo. Well defined balanced transitions	
	P PF	Collected canter Collected canter		
16	F A	Collected trot Collected canter right	Well defined, balanced, engaged transitions.	
	KI IC	Half pass right Down the centre line		
18	C BX	Track right Half circle right 10m diameter	Bend and balance in turn; Shape and size of the half circle. The straightness and quality of the canter	
	XI	Collected canter		
19	I G	Collected trot Halt, Salute	Engagement, uphill balance and quality of trot, well defined balanced transition, straightness, attentiveness, immobility (min 3secs)	
	Leave arena in walk on a long rein at A			

Arena size: 60m x 20m  
Test Time: 5:30 Minutes (from entry at A to final halt)  
Suggested Draw Time: 8:00 minutes

TEST			DIRECTIVE	Coef
1	A X	Enter in collected trot Halt, Salute Proceed in collected trot	Engagement, uphill balance and quality of trot; well defined balanced transitions; straightness, attentiveness, immobility (min 3secs)	
2	C MV VA	Track right Change rein, medium trot Collected trot	Bend and balance; moderate lengthening of frame and stride with engagement, elasticity, suspension, straightness and uphill balance. Well defined transitions & consistent tempo	
3	A DS SHC	Down centre line Half pass left Collected trot	Alignment and bend while moving fluently forward and sideways; engagement and self-carriage. Quality of trot	2
4	C M Between G & H	Medium walk Turn right Shorten stride, half turn on haunches to right. Proceed medium walk	Well defined balanced transition. Quality of shortened walk strides; tempo and regularity; activity of hind legs; bend and fluency in turn	
5	Between G & M	Shorten stride, half turn on haunches to left. Proceed medium walk	Quality of shortened walk strides; tempo and regularity; activity of hind legs; bend and fluency in turn	
6		The medium walks CMG(H)G(M)GH	Regularity and quality of the walk	
7	HSP PF	Extended walk Medium walk	Regularity, suppleness of back, activity, overtrack, freedom of shoulder, stretching to the bit. Well defined transitions. Regularity and quality of the walk	2
8	F A DR RMCH	Collected trot Down centre line Half pass right Collected trot	Alignment and bend while moving fluently forward and sideways; engagement and self-carriage. Quality of trot	2
9	HP PF	Change rein, medium trot Collected trot	Moderate lengthening of frame and stride with engagement, elasticity, suspension, straightness and uphill balance. Well defined transitions & consistent tempo	
10	F A	Collected canter Down the centre line	Well defined transition, balanced and engaged. Collection; bend and balance in turn	
11	LR	Half pass right	Alignment and bend while moving fluently forward and sideways; engagement and self-carriage. Quality of the canter	
12	RMCHS	Counter Canter	Regularity, quality, balance and positioning in counter canter	
13	SF	Change rein, medium canter	Defined transition. Moderate lengthening of frame and stride with engagement, elasticity, suspension, straightness and uphill balance; consistent tempo	
14	F V	Collected canter Turn right	Well defined balanced transition. Bend and balance in turn. Quality of the canter	

Arena size: 60m x 20m  
Test Time: 5:30 Minutes (from entry at A to final halt)  
Suggested Draw Time: 8:00 minutes

TEST			DIRECTIVE	Coeff
15	Over the centre line P PB	Simple change of leg  Track left Collected canter	Well defined, balanced, straight transitions; Quality of paces	
16	BE  EVKA	Half circle left 20m diameter, give and retake the reins for 2-3 strides over the centreline line Collected canter	Well defined release of reins maintaining self carriage; engagement and collection; shape, size and bend of circle. Quality of canter	
17	A LS	Down the centre line Half pass left	Alignment and bend while moving fluently forward and sideways; engagement and self-carriage.	
18	SHCMR	Counter Canter	Regularity, quality, balance and positioning in counter canter	
19	RK	Change rein, medium canter	Defined transition. Moderate lengthening of frame and stride with engagement, elasticity, suspension, straightness and uphill balance. Consistent tempo	
20	K A AL	Collected canter Down centre line Collected canter	Defined transition. Bend and balance in turn. Engagement, self carriage and collection. The straightness and quality of the canter	
21	L X	Collected trot Halt, Salute	Defined transition. Engagement, uphill balance and quality of trot; straightness, attentiveness, immobility (min 3secs)	
Leave arena in walk on a long rein at A				

Arena size: 60m x 20m  
Test Time: 6:00 Minutes (from entry at A to final halt)  
Suggested Draw Time: 8:00 minutes

TEST			DIRECTIVE	Coeff
1	A X	Enter in collected trot Halt, Salute Proceed in collected trot	Engagement, uphill balance and quality of trot; well defined balanced transitions; straightness, attentiveness, immobility (min 3secs)	
2	C HE EX	Track left Shoulder-in left Half circle left 10m diameter	Regularity and quality of trot; angle, bend and balance. Shape, size bend and balance of half circle.	
3	XB BF FAK	Half circle right 10m diameter Shoulder-in right Collected trot	Shape, size, bend and balance of half circle. Angle, bend and balance. Straightness and quality of trot.	
4	KX XC	Half pass right Down centre line collected trot	Alignment and bend while moving fluently forward and sideways; engagement and self-carriage. Straightness and quality of trot	
5	C CM MV	Track right Collected trot Change of rein in medium trot	Straightness and quality of trot. Moderate lengthening of frame and stride with engagement, elasticity, suspension, straightness and uphill balance. Well defined transition.	
6	VKAF	Collected trot	Well defined transition. Straightness and quality of trot	
7	FX XC	Half pass left Down centre line collected trot	Alignment and bend while moving fluently forward and sideways; engagement and self-carriage. Straightness and quality of trot	
8	C CH HP	Track left Collected trot Change rein, extended trot	Bend and balance in turn. Straightness and quality of trot. Well defined transitions Utmost ground cover with lengthening of frame; elasticity; engagement; suspension; straightness and uphill balance	
9	PFA	Collected trot	Clear balanced straight transition. Quality of trot	
10	AKR	Extended walk	Well defined transitions. Regularity, suppleness of back, activity, overtrack, freedom of shoulder, stretching to the bit.	2
11	R M G H	Medium walk Turn left Halt. Rein back 4 steps. Proceed at medium walk Track right	Well defined transitions. Regularity; suppleness of the back; activity. Immobility; willing steps back with correct rhythm and count; straightness	
12		The medium walks RM(G) H	Regularity and quality of walk	2
13	Before C C CM	Shorten the strides Collected canter right Collected canter	Shortening of the strides; well defined, balanced straight, uphill transition. Regularity and quality of canter	

Arena size: 60m x 20m  
Test Time: 6:00 Minutes (from entry at A to final halt)  
Suggested Draw Time: 8:00 minutes

TEST			DIRECTIVE	Coeff
14	MP P PA	Medium canter Collected canter Collected canter	Well defined transitions. Moderate lengthening of frame and stride with engagement, elasticity, suspension, straightness and uphill balance; consistent tempo	
15	A DB BR	Down the centre line Half pass right Collected canter	Alignment and bend while moving fluently forward and sideways; engagement and self-carriage	
16	R  (S) RMCH	Circle left 20m diameter, first half counter canter, second half true canter Simple change of leg Collected canter	Regularity, quality, balance and positioning in counter canter. The quality of canter	
17		(The simple change)	Well defined, balanced, straight transitions; regularity and quality of paces	
18	HV VA	Extended canter Collected canter	Utmost ground cover with lengthening of frame; engagement; elasticity; suspension; straightness; well defined transitions maintaining tempo and balance.	
19	A DE ES	Down the centre line Half pass left Collected canter	Straightness on centreline line. Alignment and bend while moving fluently forward and sideways; engagement and self-carriage.	
20	SR	Half circle right 20m diameter in counter canter	Regularity, quality, balance and positioning in counter canter. The quality of the canter	
21	R (R)BPFA	Simple change of leg Collected canter	Well defined, balanced, straight transitions; regularity and quality of paces	
22	A X	Down the centre line Collected trot	Clear balanced transition. Engagement, uphill balance and quality of trot, straightness	
23	G	Halt, Salute	Attentiveness, balance; immobility (min 3secs)	
Leave arena in walk on a long rein at A				

# Medium Freestyle (Level 4)®

Equestrian Sports New Zealand Dressage Test 2019  
Effective 1/8/2019

Bridle: Ordinary Snaffle Arena size: 60m x 20m  
Time Allowed: Performance to be finished between 4:30 and 5:00 minutes

<b>COMPULSORY MOVEMENTS</b>		<b>Coeff</b>	<b>Max Marks</b>
1	Collected walk (min 15m continuous)		10
2	Extended walk (min 20m continuous)	2	10
3	Collected trot including shoulder in left (minimum 12m)		10
4	Collected trot including shoulder in right (minimum 12m)		10
5	Collected trot including half pass left		10
6	Collected trot including half pass right		10
7	Medium trot	2	10
8	Collected canter including half pass left		10
9	Collected canter including half pass right		10
10	Medium canter		10
11	Simple change left to right		10
12	Simple change right to left		10
13	The entrance and halts at beginning and end of test		10
<b>Total for Technical Execution</b>			<b>150</b>
<p><b>OPTIONAL MOVEMENTS:</b> Any movement occurring in 2019 ESNZ Dressage Tests up to and including Medium (Level 4) may be included. Refer to Freestyle Guidelines for further information. Movements NOT permitted and shown DELIBERATELY shall be penalised. There will be a five (5) point deduction from each judge from the total for technical execution. The choreography mark may be no higher than 5.5</p> <p><b>PENALTIES:</b> Penalties may also be deducted under DR Art 455 from Total of Technical Execution.</p>			
<b>ARTISTIC PRESENTATION</b>		<b>Coeff</b>	<b>Max Marks</b>
14	Rhythm, energy and elasticity	3	10
15	Harmony between rider and horse	3	10
16	Choreography. Use of arena. Inventiveness	3	10
17	Degree of difficulty. Well calculated risks.	3	10
18	Choice of music and interpretation of the music	3	10
<b>Total for Artistic Presentation</b>			<b>150</b>

<b>MEDIUM (LEVEL 4)</b>	
<b>PERMITTED MOVEMENTS</b> (plus all from Novice and Elementary)	<b>NOT PERMITTED</b>
Extended walk, trot & canter	Canter pirouettes / working pirouettes (Half or full)
Half Pass in trot & canter	Counter change of hand or zig zag in trot or canter
	Flying changes
	Piaffe & Passage
	Renvers



# Medium Freestyle (Level 4)<sup>®</sup>

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5	Collected trot including half pass left		10
6	Collected trot including half pass right		10
7	Medium trot	2	10
8	Collected canter including half pass left		10
9	Collected canter including half pass right		10
10	Medium canter		10
11	Simple change left to right		10
12	Simple change right to left		10
13	The entrance and halts at beginning and end of test		10
<b>Total for Technical Execution</b>			<b>150</b>
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14	Rhythm, energy and elasticity	3	10
15	Harmony between rider and horse	3	10
16	Choreography. Use of arena. Inventiveness	3	10
17	Degree of difficulty. Well calculated risks.	3	10
18	Choice of music and interpretation of the music	3	10
<b>Total for Artistic Presentation</b>			<b>150</b>

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<b>PERMITTED MOVEMENTS</b> (plus all from Novice and Elementary)	<b>NOT PERMITTED</b>
Extended walk, trot & canter	Canter pirouettes / working pirouettes (Half or full)
Half Pass in trot & canter	Counter change of hand or zig zag in trot or canter
	Flying changes
	Piaffe & Passage
	Renvers