



MEDICAL CARE AT ESNZ EVENTS

The standard of medical care and the degree of cover is not to change during Covid-19 Alert Level 2 and Article 153 of the ESNZ General Regulations must still be adhered to:

Article 153: Minimum Standards for Medical Personnel and Services at NF Events

1. Prior to the event, Organising Committees:

- 1.1. *Must notify the Regional Ambulance Control Room for that Area of the date and location of the event and explain the potential accidents that can occur at such an event.*
- 1.2. *Should provide a centrally sited medical station with contact details of the nearest A&E or after-hours GP.*
- 1.3. *Should ensure that there is good access to all parts of the course.*
- 1.4. *Should provide a good system of communication to and from all parts of the course and to emergency services.*
- 1.5. *Must have an agreement in place with the venue/property owner as to who is responsible in case of emergency before the competition begins and after it finishes.*

2. During the event:

- 2.1. *A doctor or an ambulance staffed by an Ambulance Officer must be available within 30 minutes of being called.*
- 2.2. *A holder of a first aid certificate, or a registered nurse or doctor, must be on the grounds at all times, during competition hours, with appropriate first aid kit/gear.*

All events must also comply with discipline safety and medical rules as set out in the discipline rules.

Emergency ambulance response times are governed by the degree and severity of the illness or injury. Response time will vary depending on resource availability and the triage of the ambulance by the officer on the phone. The rules don't change during Covid-19 but the response time might.

If your event only requires the minimum of a holder of a first aid certificate, then follow these guides and share this information with them before your event commences, so that you may all be properly prepared.

- For any casualty/patient they attend, they should wear a basic surgical mask and disposable gloves. Masks can be removed and worn again for up to 4 hours and gloves single patient use.
- For CPR during Covid-19 level 2, chest compressions should be continuous, except when defibrillator is delivering a shock. Mouth to mouth should NOT be done. Again, a mask and gloves should be worn.
- People with any of sore throat, cough or cold should not attend and anyone displaying these symptoms should be asked to leave by the OC.
- All events should have adequate hand washing facilities. Hand sanitiser gel does not work on dirty hands.
- The maximum attendees must be within the current recommendations as defined by the Ministry of Health. This includes competitors, organisers, judges and other attendees.
- Social distancing must be maintained at 2m in all areas including parking, yards, committee rooms and judge's area.

ALL OF THE ABOVE ARE LIABLE TO CHANGE AT SHORT NOTICE AND ALL EVENTS MUST OPERATE ACCORDING TO CURRENT MINISTRY OF HEALTH AND SPORT NZ GUIDELINES REGARDING COVID-19.