



## JUMPING ADVICE DURING COVID-19 ALERT LEVEL 2

### IMPORTANT TO NOTE

Please note that Equestrian Sports New Zealand (ESNZ) and ESNZ Jumping are not an expert on pandemics and as such all [New Zealand Government](#) and [Ministry of Health](#) information, guidelines and directives supersede this information. This document has been put together by Equestrian Sports NZ, with the purpose of informing our equestrian community how we are responding to Covid-19, and to provide recommendations for what we believe is the best course of action for all equestrian area groups/clubs, facilities, officials and members.

This document will be updated frequently, and we will make sure the most up to date version is on the website. We will monitor the government Alert Levels as we move back up or down through alert levels 2 and 1, and if there is more flexibility for activities such as equestrian, we will be sure to update these recommendations in line with government advice.

### IS YOUR AREA GROUP/CLUB OR ORGANISING COMMITTEE PLANNING ON HOLDING AN EVENT?

If your Area Group/Club or Organising Committee wishes to hold an event, this includes shows, training or practice days, and believes it can meet all of the Level 2 requirements, such as:

- **Gatherings**
  - Equestrian Sports NZ events are subject to gathering requirements and have a 100-person limit which includes all riders, officials and spectators.
  - Physical distancing of 1metre should be practiced. Where this level of physical distancing is not possible, face masks should be worn.
  - Multiple gatherings can take place at the same event or facility, as long as each gathering can be isolated / separated.
  - Phasing of activities can be implemented to allow time for event participants and supporters to safely pass through communal areas and to manage multiple gatherings if this option is utilised.
- **Contact Tracing** – a system to record and retain the contact details of all people involved in or attending your activity must be in place. This information must remain accessible on request for up to eight weeks after the event
- **Cleaning and Hygiene** – Robust hygiene measures, particularly regular washing and drying of hands by all participants must be undertaken, and hand sanitizer made available at convenient locations throughout the venue. Regular sanitizing of equipment and surfaces must be undertaken. As a guideline this should take place at the beginning of the event and approximately every two hours every for the duration of the event, and again at the end.

### LEVEL 2 TOOLKIT

A level 2 toolkit has been put together to assist Area Groups/Clubs and Organising Committees with navigating Level 2 requirements and can be found on the ESNZ website: <https://www.nzequestrian.org.nz/level-2-tool-kit/>

### LEVEL 2 CHECKLIST

If you are unsure if your Area Group/Club or Organising Committee can meet Level 2 requirements, our Level 2 checklist may be of assistance in determining if you are prepared and ready to hold an event. The checklist can be found in the Level 2 Toolkit. This checklist does NOT need to be submitted for approval, it is merely a reference tool to assist shows in preparing and meeting government and ESNZ requirements.



### QR CODES

It must be in either a prominent place or near main entrances. Help our equestrian community keep track of where they've been by displaying an NZ Covid Tracer QR code poster – from 11.59am on Wednesday 19 August this is a government requirement. [Get your QR poster](#). If you need help generating your QR code poster please email [emma@nzequestrian.org.nz](mailto:emma@nzequestrian.org.nz)

### MITIGATING RISKS

In putting together this plan, ESNZ Jumping has attempted to mitigate the following risks and areas of concern:

- Meeting areas including, secretary's office, office, stables, admin, catering, toilets, showers for overnight events
- Handling of documents and money
- Social distancing whilst competing
- Personal proximity in vetting areas, timekeeping positions
- Gatherings in trucks for overnight events
- The event of an accident/injury – onerous on volunteer medics
- Public/event catering
- Managing effective contact tracing for competitor support people
- Government restrictions in response to local Covid 19 cluster outbreaks
- Untimely return to Alert Levels 3 or 4
- Financial uncertainty for area groups/organizing committees
- Risks associated with non-compliant attendees
- Possibility of an infected person attending and causing a cluster, the subsequent contact tracing and fall out
- Insufficient cleaning regimes at venue

### OTHER USEFUL LINKS AND RESOURCES

- [Government Alert System](#)
- [MPI Alert System and information for animal welfare](#)
- [Sport New Zealand Alert System](#)
- [High Performance Sport NZ Alert System](#)
- [ESNZ Covid19 Updates](#)
- [Covid19 posters and social media images](#)
- Online Entry Providers
  - [Equestrian Entries](#)
  - [Main-Events](#)
- [Level 2 Toolkit](#)

All of these links can also be found on the ESNZ website under our Covid19 updates page.

### CONTACT US

Please contact Marilyn Thompson, Jumping Sport Manager, if you have any questions or require further assistance:

Marilyn Thompson  
Ph:021 612 817  
Email: [marilyn@nzequestrian.org.nz](mailto:marilyn@nzequestrian.org.nz)

Alert Level <b>2</b>	Range of Government Measures <i>(can be applied locally or nationally)</i>	Equestrian Sports NZ Measures Undertaken	Equestrian Sports NZ Recommendations for Area Groups/Clubs/Event Organisers	General Guideline for Areas, Shows and Events	Jumping Specific Guidelines for Event Organisers
<p><b>Reduce</b></p> <p>The disease is contained, but the risk of community transmission remains.</p> <p><b>Risk Assessment</b></p> <ul style="list-style-type: none"> <li>Limited community transmission could be occurring.</li> <li>Active clusters in more than one region.</li> </ul>	<ul style="list-style-type: none"> <li>People can connect with friends and family, and socialise in groups of up to 100, go shopping, or travel domestically, if following public health guidance.</li> <li>Keep physical distancing of 2 metres from people you do not know when out in public or in retail stores. Keep 1 metre physical distancing in controlled environments like workplaces, where practicable.</li> <li>People 7 years old and older may consider wearing a face covering when physical distancing cannot be maintained.</li> <li>Face coverings required on public transport.</li> <li>No more than 100 people at gatherings, including weddings, birthdays and funerals and tangihanga. There are extra restrictions for Auckland.</li> <li>Businesses can open to the public if following public health guidance including physical distancing and record keeping. Alternative ways of working encouraged where possible.</li> <li>Hospitality businesses must keep groups of customers separated, seated, and served by a single person. Maximum of 100 people at a time.</li> <li>All businesses must display an NZ COVID Tracer QR code for each business location.</li> <li>Sport and recreation activities are allowed, subject to conditions on gatherings, record keeping, and physical distancing where practical.</li> <li>Public venues such as museums, libraries and pools can open if they comply with public health measures and ensure 1 metre physical distancing and record keeping.</li> <li>Event facilities, including cinemas, stadiums, concert venues and casinos can have more than 100 people at a time, provided that there are no more than 100 in a defined space, and the groups do not mix.</li> <li>It is safe to send your children to schools, early learning services and tertiary education. There will be appropriate measures in place.</li> <li>People at higher-risk of severe illness from COVID-19 such as those with underlying medical conditions, especially if not well-controlled, and seniors are encouraged to take additional precautions when leaving home. They may work, if they agree with their employer that they can do so safely.</li> </ul>	<ul style="list-style-type: none"> <li>The ESNZ office is open with appropriate measures in place for Staff.</li> <li>All ESNZ High Performance, Performance or Squad trainings are allowed to take place if conditions on gatherings are met. <ul style="list-style-type: none"> <li>limited a maximum of 100 people (either indoors or outdoors). This includes support staff, squad riders, and coaches.</li> <li>Physical distancing and contact tracing requirements are met.</li> </ul> </li> <li>Equestrian competitions/rides are allowed to take place if conditions on gatherings are met. <ul style="list-style-type: none"> <li>Gatherings, where people cannot physically distance, must be limited to a maximum of 100 people (either indoors or outdoors). This includes all riders, officials, grooms and spectators.</li> <li>Multiple gatherings can take place at the same event or facility, as long as they can be kept separated.</li> <li>Phasing of activities could be used to allow time for people to pass through communal areas safely.</li> <li>For smaller venues a reduced capacity may be more appropriate to maintain physical distancing.</li> <li>Must have a register of who was there and maintain physical distancing where possible.</li> </ul> </li> <li>Meetings, workshops or events are allowed to take place but must be limited to a maximum of 100 people (either indoors or outdoors). However, multiple gatherings can take place at the same event or facility, as long as they can be kept separated. Physical distancing and contact tracing requirements must be met.</li> <li>Limited domestic travel or staying in hotels (outside of local area) for ESNZ staff and athletes. No international travel for ESNZ Staff and athletes.</li> <li>Officials may choose to officiate, however should not feel under any obligation to do so. Those officials at high risk of severe illness (those with existing medical conditions and older officials) are encouraged to stay at home.</li> </ul>	<p>Area groups/clubs allowed to offer competitions/rides subject to the range of public health measures outlined below:</p> <ul style="list-style-type: none"> <li>Gatherings, where people cannot physically distance, must be limited to a maximum of 100 people (either indoors or outdoors). This includes all riders, officials, grooms and spectators.</li> <li>Multiple gatherings can take place at the same event or facility, as long as they can be kept separated.</li> <li>Phasing of activities could be used to allow time for people to pass through communal areas safely.</li> <li>For smaller venues a reduced capacity may be more appropriate to maintain physical distancing.</li> <li>Record the contact information and time of all people accessing the facility or grounds.</li> <li>Surfaces and equipment must be regularly cleaned and disinfected where practicable.</li> <li>Good personal hygiene practices should continue – wash and dry your hands before and after activities, cough into elbow and don't touch your face.</li> <li>Ensure your facility has extensive signage and information regarding precautions for managing COVID-19.</li> <li>Ensure your facility has an up to date cleaning schedule and adequate provisions to facilitate good hygiene practices. Especially changing/bathrooms and stable facilities where practical.</li> <li>Physical distancing of 2 metres should be maintained wherever possible, especially from people that you don't know.</li> <li>Officials/Volunteers at high risk of severe illness from COVID-19 (particularly older people and those with existing medical conditions) should take additional precautions when undertaking physical activity. Do not put undue stress on Officials/Volunteers to assist with your competition/ride if they don't feel comfortable. They may choose to officiate.</li> <li>Ensure that Staff/Officials/Volunteers have access to PPE (hand sanitizer (compulsory), masks (recommended) and gloves (optional)).</li> <li>Ensure that Staff, Officials and Volunteers are properly briefed on all information regarding precautions for managing COVID-19.</li> <li>Overnight camping is allowed for Equestrian Competitions/rides as long as conditions on gatherings, contact tracing requirements and physical distancing are met.</li> <li>Food vendors allowed if physical distancing and contact tracing requirements can be met.</li> <li>Area Group/Club/OC meetings are allowed to take place but must be limited to a maximum of 100 people, 10 people in Auckland (either indoors or outdoors). Physical distancing and contact tracing requirements must be met.</li> <li>The key message is to follow public health guidelines on physical distancing and personal hygiene. If you are having club events, consider limiting numbers to ensure physical distancing can take place, take extra care on cleaning surfaces and when preparing food to minimise risks. Now is not the time to have a large club prizegiving or event, think about keeping things simple.</li> </ul>	<p><b>Prize money and Prize Giving</b></p> <ul style="list-style-type: none"> <li>Prizes &amp; Prize Givings are optional</li> <li>Any prize money to be paid electronically</li> </ul> <p><b>Public Spaces</b></p> <ul style="list-style-type: none"> <li>Hand sanitizer provided in all public buildings or facilities.</li> <li>Frequent cleaning regime agreed and actioned by event venue.</li> <li>Encourage participants to use own ablution facilities.</li> </ul> <p><b>Contact Tracing and Infection Management</b></p> <ul style="list-style-type: none"> <li>Competitors to state all support people at time of entry (electronic).</li> <li>Provision for any undeclared support person to register at the event.</li> <li>Events closed to the public.</li> <li>Social distancing practiced in all areas of the event.</li> <li>Gatherings between competitors in trucks discouraged</li> <li>Timetable events to limit the time people are on the grounds. E.g Lower heights first and higher heights later.</li> </ul> <p><b>Catering</b></p> <ul style="list-style-type: none"> <li>Any public caterers able to demonstrate and document appropriate public health requirements and manage social distancing.</li> <li>Consider officials, volunteers, OC providing own lunch.</li> <li>Event caterers able to demonstrate and document appropriate public health requirements.</li> <li>Any catering facility separated from event office or reception areas.</li> </ul>	<p><b>Entries</b></p> <ul style="list-style-type: none"> <li>Online only with internet banking for entry fees.</li> <li>Competition runs in published draw order, no blackboards.</li> </ul> <p><b>Stabling, Competition and Warm-Up Rings</b></p> <ul style="list-style-type: none"> <li>Create social distancing in stable and yard blocks.</li> <li>Provide additional warm-up arenas to allow for sufficient distancing of riders and supporters.</li> <li>Practice hand hygiene when handling common equipment such as jump cups, poles and filler, course plans, gate sheets, radios and speaker equipment.</li> <li>Provide specific ride times for competitors and limit support people who can come with the horse.</li> <li>Judge to hand out ribbons/rosettes to avoid gatherings at office.</li> <li>Maintain social distancing at rings and warmup areas. Be aware of the effect of wind and weather (see chart)</li> </ul> <p><b>Meeting Spaces &amp; Personnel</b></p> <ul style="list-style-type: none"> <li>Limit intermediary contact points.</li> <li>Minimise number of officials working together.</li> <li>Judges box to be large enough to allow two -metre distancing, allowing for weather factors and wind.</li> <li>One-metre distancing between all office and administration personnel (indoors).</li> <li>No communal laptops or equipment, all personnel to provide their own, and sanitise frequently.</li> <li>Frequent cleaning and sanitizing of work areas.</li> <li>Use text messaging to communicate with riders, organisers and officials where possible.</li> <li>Do not congregate under marques, sheds etc in inclement weather – go to your cars/trucks</li> </ul> <p><b>Medical Provision</b></p> <ul style="list-style-type: none"> <li>Qualified First Aider onsite.</li> </ul>

# A Guide to Social Distancing for Horse Riders – Dr David Marlin©

Distances given are **MINIMUM** distances

Walking (5 km/h or 78 m/min or 3 mph)



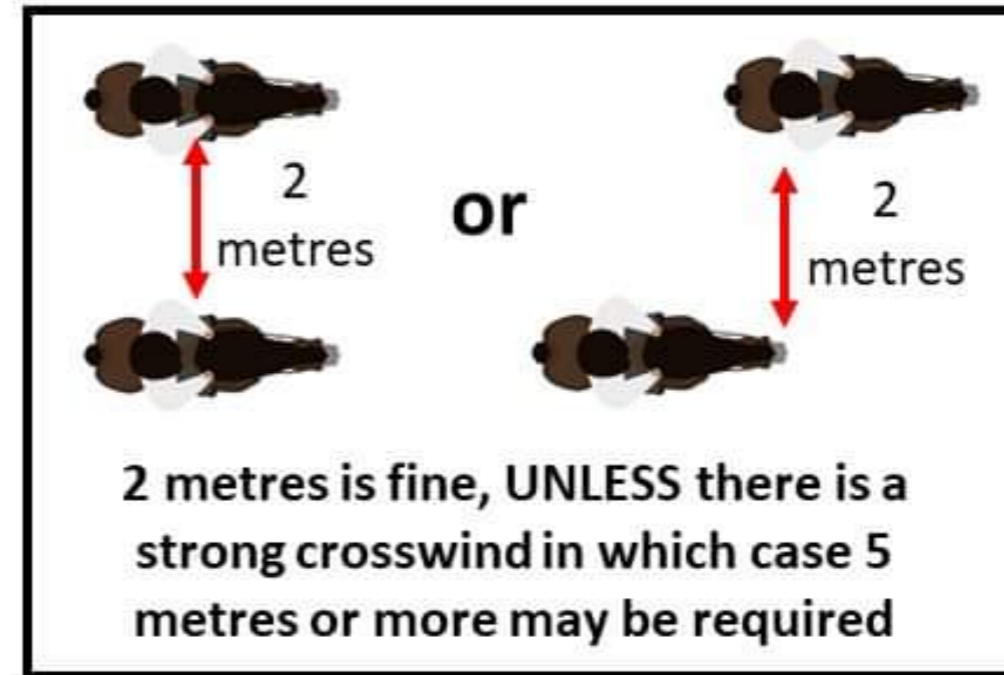
Trotting (13 km/h or 210 m/min or 8 mph)



Medium Canter (32 km/h or 540 m/min or 20 mph)



Medium Gallop (54 km/h or 900 m/min or 33 mph)



These distances are calculated from a paper by Blocken *et al.* 2020 ([http://www.urbanphysics.net/COVID19\\_Aero\\_Paper.pdf](http://www.urbanphysics.net/COVID19_Aero_Paper.pdf))