

# Purpose of Introductory Level Tests

To introduce the rider and/or horse to the sport of dressage. To show understanding of riding the horse forward with a steady tempo into an elastic contact with independent, steady hands and a correctly balanced seat. To show proper geometry of figures in the arena with correct bend (corners and circles).

To confirm that the horse demonstrates correct basics, is supple and moves freely forward in a clear rhythm with a steady tempo, accepting contact with the bit.

## Instructions

All trot work to be ridden rising. Transitions from walk to trot, trot to walk, trot to canter a canter to trot may be performed through sitting trot with the objective of performing a smooth transition. Halts may be through walk.

Turns from center line to long side and long side to centerline should be ridden as a half circle, touching the track at a point midway between the centerline and the corner, and vice versa.

Horses should be ridden on a light but steady contact, with the exception of the free walk on a long rein in which the horse is allowed complete freedom to stretch neck forward and downward while maintaining an elastic contact.

To be ridden in an ordinary snaffle.

Collective Marks	Coeff
<b>Paces</b> (Freedom and regularity)	1
<b>Impulsion</b> (Desire to move forward with suppleness of back and steady tempo)	1
<b>Submission</b> (Acceptance of steady contact, attention and confidence)	2
<b>Riders position</b> (Keeping in balance with the horse)	1
<b>Riders effectiveness of aids</b> (Correct bend and preparation of transitions)	1
<b>Geometry and accuracy</b> (Correct size and shape of circles and turns)	1

Arena size: 60m x 20m or 40m x 20m

Suggested Draw Time: 5:00 minutes 60x20 or 4:00 minutes 40x20

TEST			DIRECTIVE	Coeff
1	A Between X & C	Enter working trot rising. Medium walk	Straightness on centerline and in transition; clear trot and walk rhythm	
2	C M	Track right. Working trot rising	Balance and bend in turn. Quality of transition	
3	A	Circle right 20 meters, working trot rising	Roundness and size of circle; clear trot rhythm and bend	
4	KXM	Change rein	Clear trot rhythm and straightness on diagonal; bend through corners	
5	C	Circle left 20 meters, working trot rising	Roundness and size of circle; clear trot rhythm and bend	
6	Between C & H	Medium walk	Willing and balanced transition; clear walk rhythm	
7	HXF	Free walk on a long rein	Complete freedom to stretch the neck forward and downward into a light elastic contact, clear walk rhythm, straightness on the diagonal and ground cover	
8	FA A	Medium walk Down centre line	Willing and balanced transition; clear walk rhythm, bending in corner and turn. Straightness on centerline	
9	X	Halt, Salute	Straightness; willing, balanced transition at halt	
Leave arena in walk on a long rein at A				

Arena size: 60m x 20m or 40m x 20m  
Suggested Draw Time: 5:00 minutes 60x20 or 4:00 minutes 40x20

TEST			DIRECTIVE	Coeff
1	A X	Enter working trot rising. Halt through medium walk. Salute - Proceed working trot rising	Straightness on centerline and in transitions; clear trot and walk rhythm	
2	C	Track left, working trot rising	Balance and bend in turn	
3	E	Circle left 20 meters, working trot rising	Roundness and size of circle; clear trot rhythm and bend	
4	Between K & A	Medium walk	Willing and balanced transition; walk rhythm	
5	FE	Free walk on a long rein	Complete freedom to stretch the neck forward and downward into a light elastic contact, clear walk rhythm, straightness on the diagonal and ground cover	
6	EH	Medium walk	Willing and balanced transition; clear walk rhythm	
7	Between H & C	Working trot rising	Willing and balanced transition; clear trot rhythm	
8	B	Circle right 20 meters, working trot rising	Roundness and size of circle; clear trot rhythm and bend	
9	A X	Down centre line. Halt through medium walk. Salute	Straightness on centerline; willing, balanced transition and halt	
Leave arena in walk on a long rein at A				

Arena size: 60m x 20m or 40m x 20m

Suggested Draw Time: 6:00 minutes 60x20 or 5:00 minutes 40x20

TEST			DIRECTIVE	Coeff
1	A X	Enter working trot rising. Halt through medium walk Salute - Proceed working trot rising	Regularity and quality of trot; willing calm transitions; straightness, attentiveness; immobility (min 3 secs)	
2	C	Track right, working trot rising	Balance and bend in turn	
3	B	Circle right 20 meters	Roundness and size of circle; clear trot rhythm and bend	
4	A	Circle right 20 meters developing working canter in first quarter of the circle, right lead.	Roundness and size of circle; clear canter rhythm and bend	
	Before A	Working trot rising		
5		(Transition in & out of canter)	Balance and smoothness	
6	KXM	Change rein, working trot rising	Trot rhythm and straightness on diagonal; bend through corners	
7	E	Circle left 20 meters.	Roundness and size of circle; clear trot rhythm and bend	
8	A	Circle left 20 meters developing working canter in first quarter of the circle, left lead.	Roundness and size of circle; clear canter rhythm and bend	
	Before A	Working trot rising.		
9		(Transition in & out of canter)	Balance and smoothness	
10	Between F & B	Medium walk	Willing and balanced transition; clear walk rhythm	
11	BH H	Free walk on a long rein Medium walk	Complete freedom to stretch the neck forward and downward into a light elastic contact, clear walk rhythm, straightness on the diagonal and ground cover. Willing and balanced transition	
12	Between C & M	Working trot rising to A	Willing and balanced transition; clear trot rhythm	
13	A X	Down centre line. Halt through medium walk. Salute	Straightness on centerline; willingness, balanced transition and halt	
Leave arena in walk on a long rein at A				

# Introductory 0D®

Equestrian Sports New Zealand Dressage Test 2019  
Effective 1/8/2019

Arena size: 60m x 20m or 40m x 20m

Test Time: 6:00 Minutes or 5:00 minutes (from entry at A to final halt)

Suggested Draw Time: 8:00 minutes 60x20 or 7:00 minutes 40x20

TEST			DIRECTIVE	Coeff
1	A X	Enter in working trot Halt, Salute Proceed in working trot	Regularity and quality of trot; willing calm transitions; straightness, attentiveness; immobility (min 3 secs)	
2	C E	Track left Circle left 20m	Regularity and quality of trot; shape and size of circle; bend; balance	
3	Between K & A	Working canter left lead	Willing, calm transition; regularity and quality of paces; shape and size of circle; bend; balance	
4	B	Circle left 20m	Regularity and quality of canter; shape and size of circle; bend; balance	2
5	Approaching B	Working trot	Willing, calm transition; regularity and quality of paces; straightness; bend and balance in corner	
6	C	Medium walk	Willing, calm transition; regularity and quality of walk; bend and balance in corner	
7	HXF FA	Free walk on a long rein Medium walk	Complete freedom to stretch the neck forward and downward into a light elastic contact, clear walk rhythm, straightness on the diagonal and ground cover. Willing and balanced transition	2
8	A	Working trot	Willing, calm transition; regularity and quality of paces; straightness; bend and balance in corner	
9	E	Circle right 20m	Regularity and quality of trot; shape and size of circle; bend; balance	
10	Between H & C	Working canter right lead	Willing, calm transition; regularity and quality of paces; shape and size of circle; bend; balance	
11	B	Circle right 20m	Regularity and quality of canter; shape and size of circle; bend; balance	2
12	Approaching B	Working trot	Willing, calm transition; regularity and quality of paces	
13	A X	Down centre line Halt, Salute	Bend and balance in turn, regularity and quality of trot, willing, calm transition; straightness, attentiveness; immobility (min 3 secs)	
Leave arena in walk on a long rein at A				

# Introductory 0E<sup>©</sup>

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Effective 1/8/2019

Arena size: 60m x 20m or 40m x 20m

Test Time: 6:00 Minutes or 5:00 minutes (from entry at A to final halt)

Suggested Draw Time: 8:00 minutes 60x20 or 7:00 minutes 40x20

TEST			DIRECTIVE	Coef
1	A X	Enter in working trot Halt, Salute Proceed in working trot	Regularity and quality of trot; willing calm transitions; straightness, attentiveness; immobility (min 3 secs)	
2	C B	Track right Circle right 20m	Regularity and quality of trot; shape and size of circle; bend; balance	
3	KXM	Change rein working trot	Regularity and quality of trot; straightness	
4	Between C & H	Working canter left lead	Willing, calm transition; regularity and quality of paces; shape and size of circle; bend; balance	
5	E	Circle left 20m	Regularity and quality of canter; shape and size of circle; bend; balance	2
6	Between E & K	Working trot	Willing, calm transition; regularity and quality of paces; straightness; bend and balance in corner	2
7	A	Medium walk	Willing, calm transition; regularity and quality of walk; bend and balance in corner	
8	FXM	Free walk on a long rein	Complete freedom to stretch the neck forward and downward into a light elastic contact, clear walk rhythm, straightness on the diagonal and ground cover	2
9	M-C	Medium walk	Willing, calm transition; regularity and quality of walk; bend and balance in corner	
10	C	Working trot	Willing, calm transition; regularity and quality of paces; straightness; bend and balance in corner	
11	E	Circle left 20m	Regularity and quality of trot; shape and size of circle; bend; balance	
12	FXH	Change rein working trot	Regularity and quality of trot; straightness	
13	Between C & M	Working canter right lead	Willing, calm transition; regularity and quality of paces; shape and size of circle; bend; balance	
14	B	Circle right 20m	Regularity and quality of canter; shape and size of circle; bend; balance	2
15	Between B & F	Working trot	Willing, calm transition; regularity and quality of paces; straightness; bend and balance in corner	2
16	A X	Down centre line Halt, Salute	Bend and balance in turn, regularity and quality of trot, willing, calm transition; straightness, attentiveness; immobility (min 3 secs)	
Leave arena in walk on a long rein at A				

# Introductory 0F<sup>®</sup>

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Effective 1/8/2019

Arena size: 60m x 20m or 40m x 20m

Test Time: 6:00 Minutes or 5:00 minutes (from entry at A to final halt)

Suggested Draw Time: 8:00 minutes 60x20 or 7:00 minutes 40x20

TEST			DIRECTIVE	Coeff
1	A X	Enter in working trot Halt, Salute Proceed in working trot	Regularity and quality of trot; willing calm transitions; straightness, attentiveness; immobility (min 3 secs)	
2	C B	Track right Turn right	Regularity and quality of trot; bend; balance on turns	
3	E	Track left	Regularity and quality of trot; bend; balance on turns	
4	A	Medium walk	Willing, calm transition; regularity and quality of walk; bend and balance in corner	
5	FXM M	Free walk on a long rein Medium walk	Complete freedom to stretch the neck forward and downward into a light elastic contact, clear walk rhythm, straightness on the diagonal and ground cover. Willing and balanced transition	2
6	C E	Working trot Half circle left 20 metres	Willing, calm transition; regularity and quality of paces; bend and shape of half circle	
7	Approaching B	Working canter left lead	Willing, calm transition; regularity and quality of paces	
8	B B	Circle left 20 metres Straight ahead	Regularity and quality of paces; bend and shape of circle	
9	Between B & M	Working trot rising	Willing, calm transition; regularity and quality of pace	2
10	E	Turn left	Regularity and quality of trot; bend; balance on turns	
11	B	Track right	Regularity and quality of trot; bend; balance on turns	
12	E	Half circle right 20 metres	Regularity and quality of paces; bend and shape of half circle	
13	Approaching B	Working canter right lead	Willing, calm transition; regularity and quality of paces	
14	B B	Circle right 20 metres Straight ahead	Regularity and quality of paces; bend and shape of circle	
15	Between B & F	Working trot	Willing, calm transition; regularity and quality of paces	2
16	A	Down centre line	Bend and balance in turn; regularity and quality of trot	
17	X	Halt, salute	Bend and balance in turn; regularity and quality of trot; willing, calm transition; straightness; attentiveness; immobility (min. 3 seconds)	
Leave arena in walk on a long rein at A				