



**EQUESTRIAN SPORTS**  
NEW ZEALAND

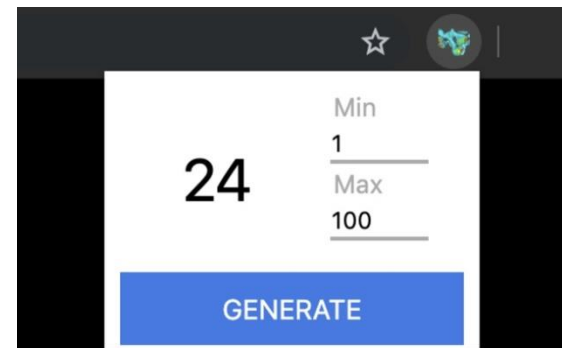
# Recreational Drug & Alcohol Policy

How testing works

# Selection of riders

Testing may be conducted upon any person to whom the Policy applies to detect the presence of alcohol or a Prohibited Substance in the following circumstances:

- Random testing
- Reasonable cause testing
- Voluntary testing
- Suspicion testing



The most preferred method of selection is random testing. This is normally done in conjunction with the President of the Ground Jury. A random number generator will be used for selection of individuals.

It is important to note that athletes can be tested multiple times during one event.

# Notification

- The participant will be notified by the Testing Official/Steward using the ESNZ consent form that they have been selected for testing.
- The participant will also be given some information on the procedure and an FAQ sheet.
- Participants are required to read and understand the consent form confirming their acceptance to complete the test. The form must be completed and signed by the participant.
- Participants must report to the testing area immediately upon being notified. They must bring photo ID with them.
- If the participant is under the age of 18 then the form should be signed by a parent or guardian.

# Sampling method & collection

Written consent will first be obtained.

Drug test screening will initially be done by oral swab with specimen obtained in accordance with Appendix A of the AS/NZS 4760:2019 and the ESNZ Recreational Drug and Alcohol Testing Policy and Procedures.

Any not-negative result will then require a sample to be taken in accordance with Section 2 of the AS/NZS 4308:2008, which requires a urine sample. The specimen is then dispatched to an accredited Lab for confirmation on the not-negative screen only.

Alcohol screening will be done by breath, by using a device compliant with AS/NZS 3547:2019.

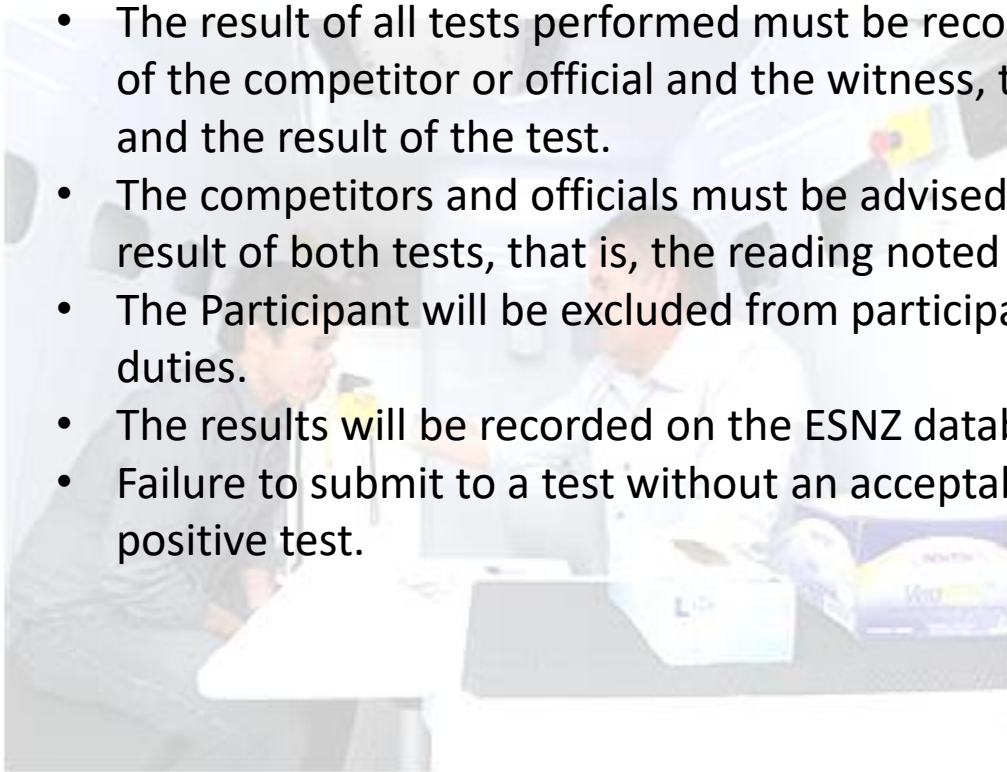
Initial testing will take place in the privacy of the contactor's on-site testing vehicle, which has been specifically equipped to deal with legislative requirements. Any collection of urine will be done under chaperone using the event toilets.

# Alcohol testing procedure

- The person being tested will be required to supply an air sample from their lungs directed into an approved breath analysis instrument. The sample shall be sufficient to obtain a valid reading on the instrument.
- Participants being tested will be asked not to consume any substances by mouth for a period of 5 minutes prior to any breath analysis test being carried out.
- If the test indicates alcohol concentration of 250mcg, or more, per litre of breath for persons aged 18 or older, or above 0mcg per litre of breath for persons under 18, the person is required to do a second test.
- The second test must be carried out no sooner than 15 minutes and no more than 20 minutes after the original test.
- The person being tested must refrain from taking any fluid or substance during the waiting period. This includes smoking.
- The participant shall be accompanied by a witness appointed by the Testing Official for the entire period between the two tests.
- If the secondary test result is below 250mcg per litre of breath, for persons aged 18 or older, or 0mcg per litre of breath for persons under 18, the result will be deemed as negative and the person may return to their normal duties. No record will be entered onto the ESNZ database.

# Alcohol testing procedure

- If the result of the secondary test is 250mcg or more, per litre of breath, for persons aged 18 or older, or above 0mcg per litre of breath for persons under 18, then a positive result will be recorded. The Tester will notify the Steward.
- The result of all tests performed must be recorded, together with the names of the competitor or official and the witness, the time and date of the test and the result of the test.
- The competitors and officials must be advised by the testing official of the result of both tests, that is, the reading noted on the instrument.
- The Participant will be excluded from participating or undertaking their duties.
- The results will be recorded on the ESNZ database.
- Failure to submit to a test without an acceptable reason will be regarded as a positive test.



# Drug testing procedure

- Drug tests will be conducted in designated areas at events as advised.
- All drug testing procedures are to comply with relevant New Zealand Standards.
- The participant will be required to supply either an oral fluid sample or urine sample in the appropriate testing device provided to them by the Testing Person. The sample shall be sufficient to obtain a valid reading on the instrument.
- If a negative screen result is returned the collected specimen will be disposed of and the person may return to their duties.



# Drug testing procedure

- If a not-negative screening result is returned, the participant is required to remain with the Testing Person. A confirmatory test will be carried out no more than 60 minutes after the original test.
- The person being tested must remain with the Tester and refrain from taking any fluid or substances during the waiting period. This includes smoking.
- The Tester will notify the Steward under strict confidentiality.
- The participant will not be permitted to participate or undertake their duties. This could include voluntary withdrawal of the event.
- Failure to submit to a test without an acceptable reason will be regarded as a not-negative result and will be treated accordingly.

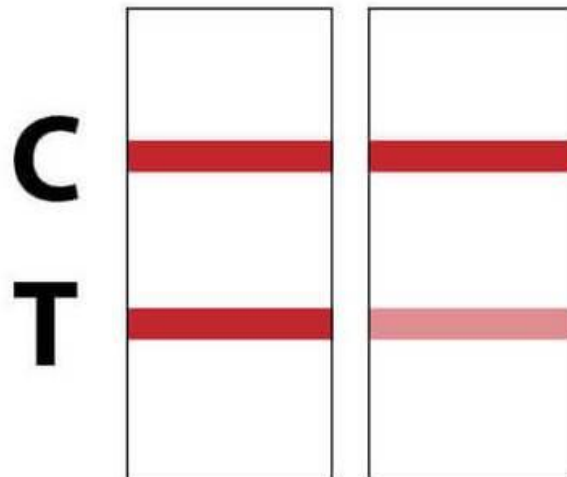


# Test results

Results of both oral swab and breath alcohol tests will be validated almost immediately.

## Screening test result is negative

- If a participant returns a negative result for a drug or alcohol screening test the collected specimen will be disposed of and the person may return to their normal duties. No record of the test will be recorded on their personal file, although the test will be recorded on the ESNZ testing database.



# Test results

## Screening test result is not-negative or positive

### **Alcohol**

Where an alcohol secondary result is 250mcg or more, per litre of breath, for persons aged 18 or older, or above 0mcg per litre of breath for persons under 18, it will be deemed a positive result. The participant will be deemed unfit to continue participation in the competition. The test will be recorded on the ESNZ database. ESNZ will also refer the matter to the ESNZ Judiciary Committee.

### **Prohibited Substances**

When a prohibited substance test returns a not-negative result the participant will be suspended from competition or performing duties as outlined in the ESNZ Recreational Drug and Alcohol Policy. The participant must be advised that they are not allowed to compete further at the Event. ESNZ will also refer the matter to the ESNZ Judiciary Committee.

# Refusal to undertake a drug or alcohol test

If a person selected to undertake any drug or alcohol test refuses to participate, it will be explained to them that refusal to give a sample results in a not-negative test being recorded and they will be stood down from participation at the event. ESNZ will also refer the refusal to the ESNZ Judiciary Committee. The person will be reasonable cause tested for a further 12 months.



# Athlete Rights and Responsibilities

Throughout the testing process the Athlete has the right to:

- have a representative (parent, coach or friend) with them
- have an interpreter if required
- ask for additional information about the sample collection process
- request a delay in reporting to the Testing Area for valid reasons (e.g. attending a medal ceremony, further competition commitments, fulfilling media commitments, needing medical treatment)
- request modifications if they have a disability or they're a minor (under 18 years of age)

