

### How ESNZ Testing Works

Clean Sport is everyone's responsibility. It's about fair play. It's about horse welfare. It's about best practice. It is Clean Sport. Play your part.



### Selection of Horses

- There are three methods for selection of horses for incompetition anti-doping testings:
  - Testing winners
  - Random testing
  - Spot testing
- The most preferred method of selection is random testing. This is normally done in conjunction with the President of the Ground Jury.
- It is important to note that horses can be tested multiple times during one event.

#### **CLEAN SPORT**

### Sampling Kit

- Urine and blood samples are collected for each horse under the supervision of the Testing Official following a strict procedure
- Urine samples are normally collected by the Testing Official and blood samples always by a Veterinarian
- The sampling kit contains the following:
  - 8 Blood tubes
  - 2 needles
  - 1 needle holder
  - Alcohol prep
  - 3 collection bottles and lids
  - 1 racing industry security satchel
  - 1 sets of numbered labels
  - Outgoing tamperproof bag
  - Gloves





### Notification

- The rider will be notified by the Testing Official/Steward using the ESNZ Notification form that they have been selected for testing.
- The rider and/or person responsible is able to nominate a representative to act on their behalf. This is compulsory if the rider is under 18 years of age.
- The Rider/Person Responsible will be given a Clean Sport Procedure Handout.
- As soon as possible after a horse is selected for testing, it is accompanied to the sampling area by the Testing Official or assigned Steward.
- All tack should be removed from the horse (bridle optional) before presenting to the sampling area.



#### Identification

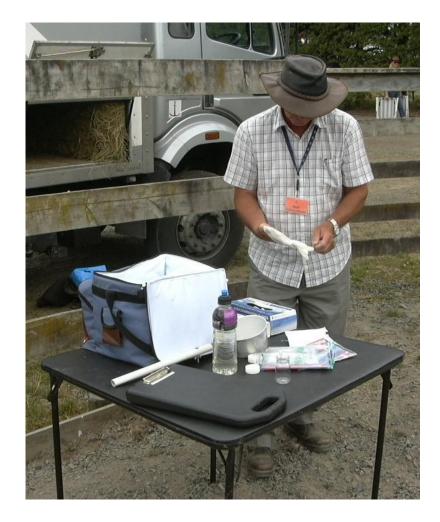
- Before testing is carried out the horse will be identified by the ESNZ identification paper or FEI passport.
- If the ESNZ identification paper or FEI passport is not available the horse will be identified by the Testing Official using the correct ESNZ identification paper.



## CLEAN SPORT

### Sampling Protocol

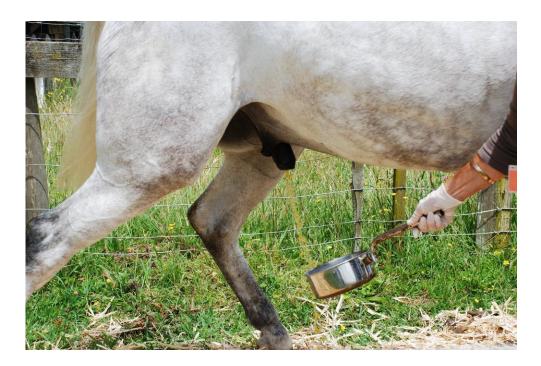
- The Testing Official will open the sampling kit and arrange all items on a bench.
- Testing Officials and the Veterinarian must wear disposable gloves until the urine and blood samples have both been capped.





### Sample Collection

• If possible a urine sample will be collected. However, it is recognised that sometimes a horse may not produce urine within one hour. If this happens, only a blood sample is collected.







### Sample Collection

- If urine is to be taken, a sample will be taken by the Testing Official.
- The urine is collected into a catching pan, which has been flushed first with water.
- A wash through procedure is conducted in the presence of the rider, person responsible and/or their nominated representative.
- The wash through solution will also be flushed through the two plastic specimen bottles prior to the addition of any urine sample.
- The control wash through solution is retained in a third bottle and sent to the laboratory with the urine samples.

# CLEAN SPORT

### Sample Collection

- If a urine sample could not be collected, a blood sample is collected for analysis.
- The Veterinary/Testing Official will gently invert the blood filled tubes several times to dissolve the anticlotting agent already present in the tubes.



## CLEAN SPORT Preparation of the Samples

• The collected urine and blood samples are sealed in the Racing Industry Security Satchel.



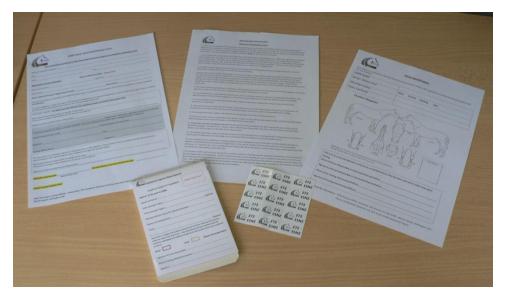
### Preparation and Sending of Samples to the Laboratory

- The rider, person responsible and/or nominated representative then signs a form to certify that they have witnessed the entire procedure and have no objection to it.
- Samples are securely sealed in front of the rider, person responsible and/or nominated representative.



### Sample Identity Form and Paperwork

- All paperwork and the sample identity form are checked and completed by the Testing Official.
- The sample identity form is duplicated and therefore a copy will be given to the:
  - Rider, person responsible or nominated representative



### Laboratory Testing of the Samples

- The samples are sealed in an outgoing tamperproof bag and kept in a chilly bag until they can be transferred to a refrigerator.
- The samples will remain under the absolute protection of the Testing Official from the time the samples are securely sealed until it is delivered by the Testing Official to the point of dispatch.
- The samples are sent to the Laboratory via overnight courier.
- One urine or four blood samples are used for the initial analysis. The second samples are stored securely awaiting any required testing at a later date. The second samples can be tested if required at the owners expense.

### Notification of Sample Results

- ESNZ will notify the rider and/or person responsible of the test result whether positive or negative.
- ESNZ will also notify the Event, in which the test was taken, of the result so any prize money can be released or withheld.
- ESNZ keeps an up to date record of all testing results which is regularly published on the ESNZ website.

#### **Clean Sport Test Results**

Did you know that competitors actually help fund the ESNZ Clean Sport Programme through their annual horse registration fee, with \$4 from each horse / pony registration going into this fund? Clean Sport Testings is then carried out across all disciplines and all levels of competition throughout the country.

Riders who have horses tested are notified by ESNZ of their result and the results are also published below.

FEI Clean Sport results are regularly updated on their website and can be found here

2018-2019 Clean Sport Results - Negatives		2017-2018 Clean Sport Results
2016-2017 Clean Sport Results	2015-2016 Clean Sport Results	
2014-2015 Clean Sport Results		



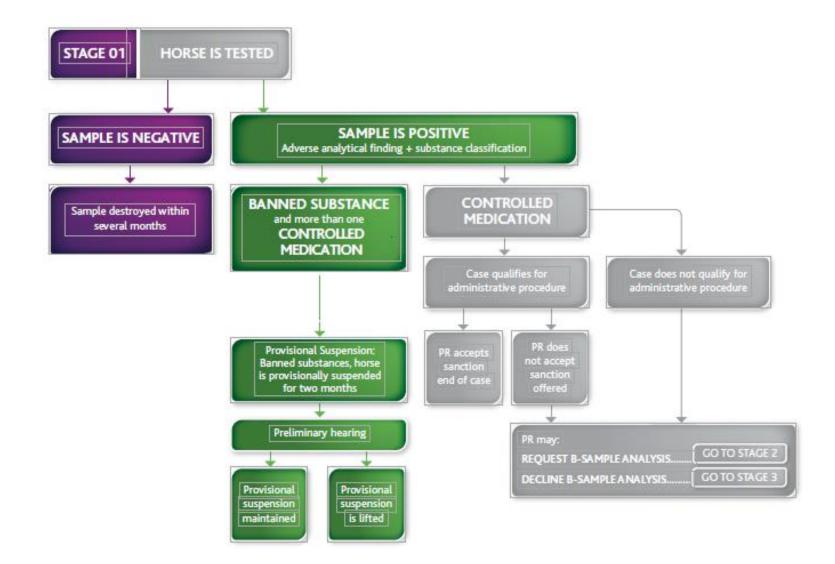
### Penalties for Returning a Positive Test

• In all instances please refer to the current publication of the ESNZ General and Veterinary Regulations which can be found on the ESNZ Website.

www.nzequestrian.org.nz

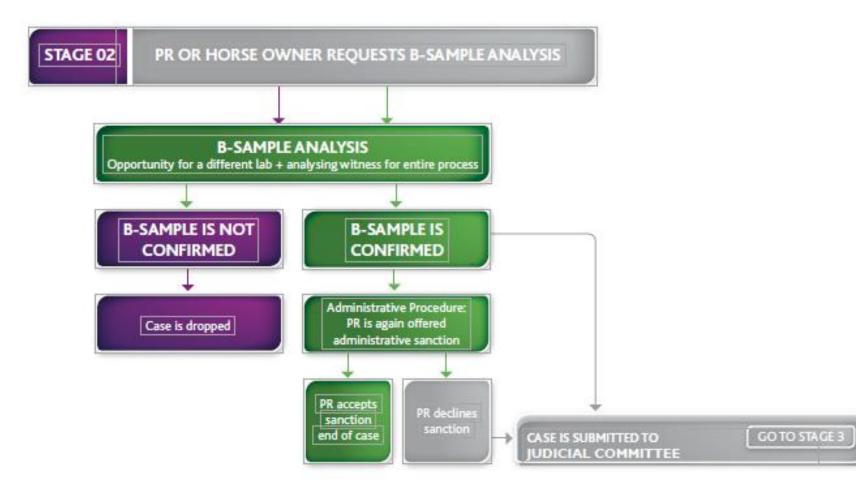
 Also refer to the current publication of FEI General Regulations for FEI Clean Sport testing procedures. <u>http://inside.fei.org/fei/cleansport/</u>

### What Happens Next: Stage 1



**CLEAN SPORT** 

### What Happens Next: Stage 2



**CLEAN SPORT** 

### What Happens Next: Stage 3

