



## Eventing Performance Pathway Overview

The Performance Pathway is an illustration of the key points that make up the end-to-end ESNZ Eventing high performance programme. The ESNZ High Performance Mission is to operation a world-leading high performance programme which produces repeatable and sustainable successes at Olympic and World Championships that both inspires kiwis and makes us proud. Our vision is to have kiwis dominate eventing podiums.

The High Performance "Programme" supports and enables combinations in the High Performance and High Performance Futures Squads. These squads are specifically targeted at achieving podium performances at upcoming Olympics and World Championships. Currently the High Performance Programme supports combinations in both the United Kingdom and New Zealand, being where the majority of the high performance combinations are based.

The High Performance Potential riders are recognised by ESNZ High Performance as "ones-to-watch" for the future and while there is not a comprehensive programme wrapped around them, they will be given first priority to attend team trainings where space enables, they will be given access to the HorsePower Programme resources and will be considered for team representation

The Performance Programme consisting of the Talent Development and Talent ID squads is about introduction, exploration and development of the skills, learnings and experience to become a High Performance athlete. The Performance Programme is therefore targeted at younger, upcoming riders. The Performance Programme currently supports riders in New Zealand to enable maximum use of the athlete performance support resources and the personnel supporting these squads.

There isn't a specific length of time that an athlete may stay on a squad, however, Selectors will, with the advice of managers, trainers, riders themselves, horse health, and other support staff continuously assess the riders or combinations against the Selection Criteria and the Performance Targets to assess that riders and horses are positively tracking in their development (in the case of Performance riders) and performance (in the case of High Performance combinations).

For questions around the Performance Pathway, who is leading and supporting those squads of programmes or for further detail on the Selection Criteria or if you would like to be considered for a squad, please contact Simon Bennett, ESNZ High Performance Director: [simon@nzequestrian.org.nz](mailto:simon@nzequestrian.org.nz).

### **Terms used in the Performance Pathway**

#### *Individual Performance Plan (IPP)*

Set by Athlete in consultation with their Coaches which outlines their goals, targets and areas that the athlete may need to work on.

#### *Athlete Services*

Support for athletes outside of coaching – can include but not limited to, Sport Psychology, Nutrition, Massage, Medical, Strength and Conditioning, Gymnasium as identified through athletes IPP.

#### *Horse Health Programme*

Programme in place to help maintain a long performance life for the equine athlete. Regular monitoring and treatment to manage and prevent injuries as identified through Athletes' IPP.