



ESNZ ENDURANCE ADVICE DURING COVID-19 ALERT LEVEL 2

IMPORTANT TO NOTE

Please note that Equestrian Sports New Zealand (ESNZ) and ESNZ Endurance are not an expert on pandemics and as such all [New Zealand Government](#) and [Ministry of Health](#) information, guidelines and directives supersede this information. This document has been put together by Equestrian Sports NZ, with the purpose of informing our equestrian community how we are responding to Covid-19, and to provide recommendations for what we believe is the best course of action for all equestrian area groups/clubs, facilities, officials and members.

This document will be updated frequently, and we will make sure the most up to date version is on the website. We will monitor the government Alert Levels as we move back down through alert levels 2 and 1, and if there is more flexibility for activities such as equestrian, we will be sure to update these recommendations in line with government advice. **The next review is scheduled to take place on the 8th June 2020.**

IS YOUR CLUB PLANNING ON HOLDING AN EVENT?

If your Club wishes to hold an event, this includes training or practice days, and believes it can meet all of the Level 2 requirements, such as:

- **Gatherings**
 - Equestrian sports are subject to gathering requirements and have a 100 person limit which includes all riders, officials and spectators.
 - Gatherings, where people cannot physically distance, must be limited to a maximum of 100 people (either indoors or outdoors).
 - Multiple gatherings can take place at the same event or facility, as long as they can be kept separated.
 - Phasing of activities could be used to allow time for people to pass through communal areas safely.
 - For smaller venues a reduced capacity may be more appropriate to maintain physical distancing.
- **Contact Tracing** – a system to record and retain the contact details of all people involved in, or attending, your activity must be in place to enable contact tracing should it be required. This information should be accessible at all times for contact tracing purposes up to 2 months after the contact was recorded.
- **Cleaning and Hygiene** – Hygiene measures, particularly washing and drying of hands, and regular sanitising of equipment and surfaces are in place.

Then please contact your Discipline Sport Manager to ensure your event is recorded on the calendar.

LEVEL 2 TOOLKIT

A level 2 toolkit has been put together to assist Clubs with navigating Level 2 requirements and can be found on the ESNZ website: <https://www.nzequestrian.org.nz/level-2-tool-kit/>

LEVEL 2 CHECKLIST

If you are unsure if your Club can meet Level 2 requirements, our Level 2 checklist may be of assistance in determining if you are prepared and ready to hold an event. The checklist can be found in the Level 2 Toolkit.

MITIGATING RISKS

In putting together this plan, ESNZ Endurance has attempted to mitigate the following risks and areas of concern:

- Meeting areas including, secretary's office, office, stables, admin, catering, toilets, showers for overnight events
- Handling of documents and money
- Mass starts
- Social distancing whilst competing
- Personal proximity in vetting areas, timekeeping positions
- Logbook handling
- Strapping and support crew – should probably only be people who are already in your bubble
- Gatherings in trucks for overnight events
- The event of an accident/injury – onerous on volunteer medics
- Public/event catering
- Managing effective contact tracing for competitor support people
- Government restrictions in response to local Covid 19 cluster outbreaks
- Untimely return to Alert Levels 3 or 4
- Financial uncertainty for clubs
- Risks associated with non-compliant attendees
- Possibility of an infected person attending and causing a cluster, the subsequent contact tracing and fall out
- Insufficient cleaning regimes at venue

OTHER USEFUL LINKS AND RESOURCES

- [Government Alert System](#)
- [MPI Alert System and information for animal welfare](#)
- [Sport New Zealand Alert System](#)
- [High Performance Sport NZ Alert System](#)
- [ESNZ Covid19 Updates](#)
- [Covid19 posters and social media images](#)
- Online Entry Providers
 - [Equestrian Entries](#)
 - [Main-Events](#)
- [Level 2 Toolkit](#)

All of these links can also be found on the ESNZ website under our Covid19 updates page.

CONTACT US

Please contact Jo Lankow, Endurance Administrator if you have any questions or assistance:

Jo Lankow, Endurance Administrator
Ph: 07 895 6404 (email preferred)
Email: m.lankow@xtra.co.nz

Alert Level 2	Range of Government Measures <i>(can be applied locally or nationally)</i>	Equestrian Sports NZ Measures Undertaken	Equestrian Sports NZ Recommendations for Area Groups/Clubs	General Guideline for Clubs	Endurance Specific Guidelines for Clubs
<p>Reduce</p> <p>The disease is contained, but the risk of community transmission remains.</p> <p>Risk Assessment</p> <ul style="list-style-type: none"> Household transmission could be occurring. Single or isolated cluster outbreaks. 	<ul style="list-style-type: none"> People can reconnect with friends and family, go shopping, or travel domestically, but should follow public health guidance. Physical distancing of two metres from people you don't know when out in public is recommended, with one metre physical distancing in controlled environments like workplaces, unless other measures are in place. Gatherings can be held with up to 100 people. The new limit applies to gatherings at your home, events outside of home and public venues – including church services, weddings and, funerals and tangihanga. Sport and recreation activities are allowed, subject to conditions on gatherings and contact tracing requirements, and – where practical – physical distancing. Public venues (museums, libraries, etc.) can open but must comply with public health measures. Gatherings rules do not apply to public venues as long as people are not intermingling Health and disability care services operate as normally as possible. Most businesses can open to the public, but must follow public health guidance including in relation to physical distancing and contact tracing. Alternative ways of working encouraged where possible (e.g. remote working, shift-based working, physical distancing, staggering meal breaks, flexible leave). It is safe to send your children to schools, early learning services and tertiary education. There will be appropriate measures in place. People at higher-risk of severe illness from COVID-19 (e.g. those with underlying medical conditions, especially if not well-controlled, and seniors) are encouraged to take additional precautions when leaving home. They may work, if they agree with their employer that they can do so safely. 	<ul style="list-style-type: none"> The ESNZ office is open with appropriate measures in place for Staff. The office will remain closed to any third-party visitors. All ESNZ High Performance, Performance or Squad trainings are allowed to take place if conditions on gatherings are met. <ul style="list-style-type: none"> limited a maximum of 100 people (either indoors or outdoors). This includes support staff, squad riders, and coaches. Physical distancing and contact tracing requirements are met. Equestrian competitions/rides are allowed to take place if conditions on gatherings are met. <ul style="list-style-type: none"> Gatherings, where people cannot physically distance, must be limited to a maximum of 100 people (either indoors or outdoors). This includes all riders, officials, grooms and spectators. Multiple gatherings can take place at the same event or facility, as long as they can be kept separated. Phasing of activities could be used to allow time for people to pass through communal areas safely. For smaller venues a reduced capacity may be more appropriate to maintain physical distancing. Must have a register of who was there and maintain physical distancing where possible. Meetings, workshops or events are allowed to take place but must be limited to a maximum of 100 people (either indoors or outdoors). However, multiple gatherings can take place at the same event or facility, as long as they can be kept separated. Physical distancing and contact tracing requirements must be met. Limited domestic travel or staying in hotels (outside of local area) for ESNZ staff and athletes. No international travel for ESNZ Staff and athletes. Officials may choose to officiate, however should not feel under any obligation to do so. Those officials at high risk of severe illness (those with existing medical conditions and older officials) are encouraged to stay at home. 	<p>Area groups/clubs allowed to offer competitions/rides subject to the range of public health measures outlined below:</p> <ul style="list-style-type: none"> Gatherings, where people cannot physically distance, must be limited to a maximum of 100 people (either indoors or outdoors). This includes all riders, officials, grooms and spectators. Multiple gatherings can take place at the same event or facility, as long as they can be kept separated. Phasing of activities could be used to allow time for people to pass through communal areas safely. For smaller venues a reduced capacity may be more appropriate to maintain physical distancing. Record the contact information and time of all people accessing the facility or grounds. Surfaces and equipment must be regularly cleaned and disinfected where practicable. Good personal hygiene practices should continue – wash and dry your hands before and after activities, cough into elbow and don't touch your face. Ensure your facility has extensive signage and information regarding precautions for managing COVID-19. Ensure your facility has an up to date cleaning schedule and adequate provisions to facilitate good hygiene practices. (Especially changing/bathrooms, stable facilities). Physical distancing of 2 metres should be maintained wherever possible, especially from people that you don't know. Officials/Volunteers at high risk of severe illness from COVID-19 (particularly older people and those with existing medical conditions) should take additional precautions when undertaking physical activity. Do not put undue stress on Officials/Volunteers to assist with your competition/ride if they don't feel comfortable. They may choose to officiate. Ensure that Staff/Officials/Volunteers have access to PPE (hand sanitizer (compulsory) and gloves and masks (optional)). Ensure that Staff, Officials and Volunteers are properly briefed on all information regarding precautions for managing COVID-19. Overnight camping is allowed for Equestrian Competitions/rides as long as conditions on gatherings, contact tracing requirements and physical distancing are met. Food vendors allowed if physical distancing and contact tracing requirements can be met. Area Group/Club/OC meetings are allowed to take place but must be limited to a maximum of 100 people (either indoors or outdoors). Physical distancing and contact tracing requirements must be met. The key message is to follow public health guidelines on physical distancing and personal hygiene. If you are having club events, consider limiting numbers to ensure physical distancing can take place, take extra care on cleaning surfaces and when preparing food to minimise risks. Now is not the time to have a large club prizegiving or event, think about keeping things simple. 	<p>Prize money and Prize Giving</p> <ul style="list-style-type: none"> No prizes. Ribbons are optional. Consider electronic Certificates as an option. <p>Public Spaces</p> <ul style="list-style-type: none"> Hand sanitiser provided in all public buildings or facilities. Frequent cleaning regime agreed and actioned by event venue. Encourage participants to use own ablution facilities. <p>Contact Tracing and Infection Management</p> <ul style="list-style-type: none"> Competitors to state all support people at time of entry (electronic). Provision for any undeclared support person to register at the event. Social distancing practiced in all areas of the event. Gatherings between competitors in trucks is discouraged. <p>Catering</p> <ul style="list-style-type: none"> Consider no public catering. Public caterers able to demonstrate and document appropriate public health requirements. Consider officials, volunteers, OC providing own lunch. Event caterers able to demonstrate and document appropriate public health requirements. Any catering facility separated from event office or reception areas. 	<p>Entries</p> <ul style="list-style-type: none"> Online only with internet banking for entry fees. Bibs to be washed between rides and rider collects on entry with handling only by Ride Secretary prior to giving to rider. <p>Logbook handling Provisions</p> <ul style="list-style-type: none"> Gloves are optional to be used during all handling of log books and gloves changed at specified time periods e.g. every hour (there are busy times and then quiet times so people wouldn't need to wear gloves all the time but put on new gloves when there is the next period of activity). Vets to complete all stats in logbooks without a writer (or could be handled only by writer and their initials also put in logbook for each entry and they could pp for the vet's signature) Frequent surface sanitizing to be conducted of holding baskets, tables or any surfaces utilised throughout event. <p>Meeting Spaces & Personnel</p> <ul style="list-style-type: none"> Ride start procedure - just ensure physical distancing between competitors unless they already occupy the same bubble). Distancing during competition (awareness, refer photo/diagram). One metre distancing between all competitors, officials and vets required. Provide personal protective equipment and hand sanitizer to all event personnel. No communal laptops or equipment, all personnel to provide their own. Conscious adherence to social distancing during base set up and track marking. Only one person per quad bike or vehicle unless they are already in the same bubble or distance can be maintained (in a vehicle). Ride briefing - attendees to adhere to social distancing requirements. Convenor to assure requirements met. Consider providing all ride brief info via email ahead of the ride – last minute details can be covered by a verbal briefing if necessary. <p>Medical Provision</p> <ul style="list-style-type: none"> Qualified First Aider onsite.

A Guide to Social Distancing for Horse Riders – Dr David Marlin©

Distances given are **MINIMUM** distances

Walking (5 km/h or 78 m/min or 3 mph)



Trotting (13 km/h or 210 m/min or 8 mph)



Medium Canter (32 km/h or 540 m/min or 20 mph)



Medium Gallop (54 km/h or 900 m/min or 33 mph)

