

# ESNZ Coaches Ongoing Development

ESNZ has adopted the Coaches Ongoing Development Policy, as follows:

## What is Ongoing Development?

Ongoing Development is a principle required in most industries; simply, the industry participant undertakes some kind of activity(ies) to show they are staying up to date with the changes in the industry and improving their general industry knowledge or skills.

This is a philosophy used by the FEI, by SPORT NZ and by sports around the world.

With the ESNZ Coach scheme, Ongoing Development is a policy that requires ESNZ coaches to complete a variety of development activities over the registration period. Ongoing Development aims to promote quality coaching by ensuring all ESNZ coaches maintain the currency of their coaching knowledge and skills.

## Why do ESNZ coaches need to undertake Ongoing Development activities?

- Ongoing Development keeps ESNZ coaches in contact with the most up-to-date techniques and coaching methods.
- Ongoing Development ensures that ESNZ coaches stay abreast of any rule changes.
- Ongoing Development can play an important role in ensuring that the Equestrian coaching environment is safe for all participants, as well as reducing the likelihood of coaches becoming involved in legal actions.

## How does Ongoing Development work?

ESNZ-Registered Coaches complete Ongoing Development activities throughout the annual registration period and submit a record of these each year to become re-registered.

## How are Ongoing Development activities recorded?

Coaches can access the Ongoing Development record electronically from the ESNZ website, [www.nzequestrian.org.nz](http://www.nzequestrian.org.nz)

## What happens if ESNZ registered coaches don't undertake sufficient Ongoing Development activities?

Coaches who do not complete the Ongoing Development requirements may not be able to register as an active ESNZ coach. To re-enter the list, the coach may be required to complete a familiarisation activity with a Coach Educator. Special leave considerations (such as maternity leave, leave related to employment, injury, illness, etc) are available and should be discussed with ESNZ's National Sport Administrator.

## Ongoing Development: Who does what?

### The role of ESNZ is to:

- Promote Ongoing Development as a valuable, non-threatening process
- Provide sport-specific Ongoing Development opportunities for coaches, or liaise with appropriate agencies (e.g. disciplines) to provide relevant Ongoing Development opportunities
- Monitor Ongoing Development records submitted by individual coaches
- Revise and review Ongoing Development policies as required
- Educate coaches about the Ongoing Development process

### The role of the coach is to:

- Be familiar with Ongoing Development requirements
- Maintain Ongoing Development records
- Undertake relevant and sufficient Ongoing Development activities
- Seek re-registration
- Notify ESNZ if contact details change
- Know who to contact for information relating to Ongoing Development requirements

## Examples of Ongoing Development Activities

Within the ESNZ Coach Scheme, this will mean participating in your choice of **three** activities each year such as:

- Coaching workshops run by ESNZ
- Workshops run by Regional Sports Trusts or other Sports
- Discipline-specific clinics run by ESNZ Disciplines/Areas (or others)
- Observing or assisting other Coaches (in equestrian or other sports)
- Officials seminars
- Becoming an ESNZ Official (or continuing to be an ESNZ Official)
- Assisting Officials (eg: writer)
- Mentoring (as mentor or mentee)
- First Aid course or refresher
- Equine health seminars
- Formal study
- Computer skills
- Book-keeping
- Nutrition
- Sport science
- Fitness and conditioning
- Saddle-fitting
- Studying training DVDs or books

Generally any activity that assists a Coach in their coaching practice can be included, and most Coaches would participate in some of these activities each year, so it won't be difficult to achieve.



# Activity Summary

## ESNZ Coaches Ongoing Development

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**1 August 2019– 31 July 2020**

Use this form during the coach registration period to record your Ongoing Development Activities. You can access additional copies on the ESNZ web site in the Coaches section.

**A minimum of 3 activities is required to re-register on 1 August 2020**

### Examples of Ongoing Development Activities

- Coaching workshops run by ESNZ
- Workshops run by Regional Sports Trusts or other Sports
- Discipline-specific clinics run by ESNZ Disciplines/Areas (or others)
- Observing or assisting other Coaches (in equestrian or other sports)
- Officials seminars
- Becoming an ESNZ Official (or continuing to be an ESNZ Official)
- Assisting Officials (eg: writer)
- Mentoring (as mentor or mentee)
- First Aid course or refresher-**Compulsory**
- Equine health seminars
- Formal study
- Computer skills
- Book-keeping
- Nutrition
- Sport science
- Fitness and conditioning
- Saddle-fitting
- Studying training DVDs or books

This list is not exhaustive and generally any activity that assists a Coach in their coaching practice can be included.

Date	Activity	Venue

**Please note you must complete a Police Vetting form (if you haven't completed one in the last three years) and satisfy the criteria before registering as a coach for the 2020/2021 year**