



DRESSAGENZ

Issue 29 | December 2018

BULLETIN

Featuring...

**THE BATES NATIONAL
CHAMPIONSHIPS
TURNS TWENTY ONE**

**Owners - A vital
Component of
our sport**

**RESULTS FROM
ACROSS THE
COUNTRY**





DRESSAGE FROM THE EDITOR

WELCOME TO ISSUE TWENTY NINE OF THE DRESSAGENZ BULLETIN

Although the calendar year is winding down, the dressage season remains relentless. The first part of the main competition season has seen some outstanding performances across the levels. 70% seems to be the new 65% and we have seen numerous scores in the mid 70's which is really exciting.

Initiatives implemented during 2018 included an encouraging new format for young horse competitions which have been well received and will assist riders develop horses on the correct pathway, sponsored Volunteers and Officials awards, and introduction of ProAm National Championships for levels 6-9 at the 2019 nationals. In addition a review has begun around the Dressage Performance Committee and Performance pathway for riders, plus review of the 2013 Dressage Tests. Initial work on this, with a view to aligning our levels and tests with Australia was presented at the 2018 conference and now that the EFA versions of the USDF tests have been released our review can progress.

Pony riders are in the spotlight too. Although pony riders are welcome to compete in open competition, is this the best way to encourage participation and education about dressage for this age group? Pony rider specific competitions are not uniformly provided across the country currently. New dressage enthusiasts can come from any age sector, but is it not to our advantage that riders develop appropriate riding, training and ethics from the beginning? It is also recognised that younger people respond more easily to a different type of learning environment than adults.

US Olympic rider Lendon Gray (who also trained a 14.1hh pony to Grand Prix level) initiated the Youth Dressage Festival in 1999. The program focuses on rewarding those who have a well-rounded equine education with a three-phase competition that includes a written riding-theory and stable-management test, a group equitation class and a dressage test. The program also explores riding beyond the dressage ring with a Prix Caprilli, which is a dressage test that incorporates jumps, and even a dressage trail class.

Thinking outside the rectangle of the arena may be a great investment in our future.

Wishing all dressage supporters across the sport a very happy festive season and we'll pick up the reins again in the New Year.

Wendy Hamerton



The DressageNZ Bulletin is the official magazine of Dressage NZ - a discipline of Equestrian Sports NZ

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Cover Image: Rilee McMeekin & Solitar Storm
Photo Credit: Mels Moments Photography



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DRESSAGE NATIONAL NEWS

DRESSAGE TESTS REVIEW

Progress is being made regarding the possible transition for New Zealand to adopt the Equestrian Australia version of the USDF tests which will become effective in Australia early in the New Year

The Dressage Board has appointed a review committee comprising the Judges Sub-committee (Sue Hobson, Linda Warren-Davey and Judith Cunningham) Island Rider representatives Alicia Collin & Jude Nickolls, Bill Noble & Andrea Raves (Trainers) and the Sport Manager to review the JSC proposal.

The EA version of the 2019 tests can be viewed here <http://www.equestrian.org.au/Dressage-rules>

TERMS OF REFERENCE FOR THE REVIEW

- Any potential Financial impact for the sport
- Advantages/Disadvantages for judges
- Advantages/Disadvantages for competitors across all levels
- Advantages/Disadvantages for coaches
- Horse welfare & progression through the grades
- Any impact on current grading of horses
- Any impact on stakeholder groups
- Overall development of the sport in NZ

An online survey to be conducted following the review findings and recommendations

CLINIC WITH ISOBEL WESSELS FOR JUDGES, RIDERS, COACHES & FAN

Save the date... Taupo NEC Saturday 2nd March. Young Horses, Advanced horses, Freestyles for all levels of judges

More information to follow and will be distributed to AJO's when finalised and on the website

EVENTS FROM THE INSIDE OUT - EVENT MANAGEMENT TRAINING

Celine Filbee will conduct a course for current and budding dressage event managers in conjunction with the Bates National Dressage Championships

There will be no charge to attend but participants will be responsible for their own travel and accommodation costs.

Check out the resources page on the ESNZ dressage web page for more information.

PONY DRESSAGE IN THE SPOTLIGHT

The Board appointed a sub-committee comprising NI & SI Young Rider Convenors, Celine Filbee, Scott McKenna, and Sam Gradowski-Smith to investigate the promotion and increased activity of dressage for pony riders

A set of guidelines will be distributed to area groups for "lead rein" classes which are becoming ever popular. These will be reviewed prior to the 2019 Planning meeting with a view to inclusion in the Rule Book

NOSEBANDS

Stewards are monitoring the effects of the amendment to the measuring of nosebands (tightness now measured on the front of the nose, not on the side of the cheek) and a report will be made to the Board at the end of the season

LIVAMOL 2019 FEI DRESSAGE WORLD CHALLENGE NZL SECTION

This event will be held at McLeans Island NEC on 4/5 April 2019. Nominations will be open on Equestrian Entries by 1 February 2019. Combinations should have earned grading points in the equivalent of the FEI level they wish to compete in at the date of close of nomination.

The aim of this Competition is to give the less experienced Dressage riders who, under normal circumstances, cannot take part in international Dressage competitions and live in the more remote countries, the opportunity to compete internationally without having to leave their own country.

It offers five performance levels and two age groups (12-16 yrs; 16 yrs and older):

- Intermediate I
- Prix St. Georges
- Senior II
- Senior I
- Youth

2019 judges will be Vic Barba (FEI 3* PHI) and Helen Christie (Southland) NZL List 2

For more information click here

TWENTY ONE YEARS WITH BATES

Bates National Dressage Championships & Para Dressage Championships Manfeild Park 14-17 Feb 2019.

There is something for everyone including the international classes CDI3*, CDI 2*, CDIY, and CDIP, as well as the Elite Equine National Young Dressage Horse championship for 4, 5 & 6 year olds, Bates National Open Championships from levels 1-9, and National Amateur Championships from levels 1-5. The event also includes the National Para Dressage Championships for Grades I to V.

A new initiative for 2019 set to inspire riders new to the FEI levels from Prix St Georges to Grand Prix are the VW Dressage sponsored ProAm Championships.

These awards recognise the huge commitment necessary to train and compete at these levels, and the achievement by riders to get to that level for the first time.

International Judges include, Elke Ebert (GER) 4* and FEI Para, Maia Stukelj (SLO) 4*, Jane Ventura (AUS) 4* Kerrie Swan-Bates (AUS) 3* plus NZL FEI judges Sue Hobson & Helen Hughes Keen (4*) Betty Brown (3*) Linda Warren-Davey (3*) & Mura Love (3*/FEI Para)

Entries are now open on Equestrian Entries for the 21st edition of the Bates Dressage Championships and the Para Nationals.

JOIN THE TREMENDOUS SUPPORT FOR OUR SOUTH ISLAND RIDERS AND THE EVENT BY PURCHASING A BATES SADDLES

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Contact the Dressage Sport Manager | 027 240 2702 or dressage@nzequestrian.org.nz

BATES NEW ZEALAND DRESSAGE SADDLES CHAMPIONSHIPS

- Bates National Championships
- FEI CDI*** Grand Prix & FEI CDI** Level 8
- North Island Super 5 Finals
- National Amateur Championships
- National Masters Championships
- FEI CDI-Y & CDI-P
- Para Equestrian National Championships
- Elite Equine Young Dressage Horse Championship



**Manfeild Park Stadium
14-17 February 2019**

TAUPO NEC STADIUM - A MILESTONE IN NZ EQUESTRIAN DEVELOPMENT

Story & Photo by Diana Dobson

The Minister of Sport, the Honourable Grant Robertson did the honours around 170 people including dignitaries, long-time supporters of equestrian, life members of Equestrian Sports New Zealand, Olympians and many other special guests.

Mr Robertson praised the efforts of the many volunteers who had worked tirelessly to raise the \$3.5 million for the project, but particularly NEC convenor Dr Wallie Niederer who had created a true legacy. "Your driving energy has kept the project going," he said. "I hope you are proud today. It is a great pleasure to be here. I have heard a lot about it, but to see it (in person) is quite remarkable. It is a world class facility and a jewel in the crown."

It was particularly special to that it catered for all five disciplines – eventing, dressage, jumping, para-equestrian and endurance – which said a lot about the cohesion of the sport. "It is a long term investment in our young riders. This is where the next Sir Mark Todd, Blyth Tait and Jock Paget will come from."

Mr Robertson said sport was "critical" to building strong communities. "It is part of our wellbeing. It is part of our national identity, and equestrian sport is very much a part of that. It is an absolute privilege and an honour to declare this officially open."

Dr Niederer was quick to share the credit with those who had given so much. "I am very proud of what we have achieved here," he said. "It is fantastic to get to this conclusion."

ESNZ high performance director Sarah Dalziell-Clout said the new centre would be extremely valuable for New Zealand's riders of the future, allowing them to train in an environment that provide a smoother transition to the world stage. There were many more plans for the future that would only add to the centre.

Guests were welcomed with a powhiri by local tangata whenua Ngati Tahu Ngati Whaoa and treated to displays of jumping, dressage, eventing and Pony Club.

The footprint of the new building, which was started in April 2016, covers 65m x75 m and includes an indoor arena with the same footing as was used at the London Olympic Games, seating for up to 300, a conference room, a mezzanine floor that affords views of inside and outside arenas, a cafe, commercial kitchen, offices and toilets.



From Left: Sarah Dalziell-Clout, Hon Grant Robertson, Dr Wallie Niederer, David Trewavas (Mayor of Taupo), Richard Sunderland (ESNZ President).

HOT OFF THE PRESS

National Championships to move to Fiber Fresh Taupo NEC in 2020

The 2020 National Dressage Championships will be held at the Fiber Fresh Taupo NEC 27th Feb - 1 March. In making this decision, the Dressage Board took into account many factors in respect of the choice of venue and the date. These factors included support for the ESNZ venue, rider feedback, the later date supporting extension of the season, and should also enable NZL to more easily secure 5* FEI judges to award MES scores in Olympic year (mid February dates now regularly clash with the 5* FEI Judges meeting) and the availability of premium portable stables to supplement on site horse accommodation.

Watch this space for more information



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Susan Tomlin
Photo: Dark Horse
Photography



Toni Louisson



PLATINUM PERFORMANCES FROM CENTRAL DISTRICTS RIDERS

Toni Louisson (Back on Track Astute) and Susan Tomlin (Dancealong) were both recently awarded the Dressage NZ Platinum Achievement Award for scoring 63% or more in an FEI Grand Prix Test with a List 1 Judge.

On receiving her award Toni said “I had a quick look and I got my Bronze award in 2012 - it was nice to have something to keep working towards and six years later I get my Platinum - which I was thrilled about”

The Platinum Award is considered to be an honorary award, with no questions about the fundamentals of dressage to be answered which is a requirement for the other levels.

The current Awards begin at Bronze (L2 & L3) Silver (L4 & 5) and Gold (L6, 7, 8).

The Achievement Awards criteria is currently being reviewed to align with increasing standards in our sport and the new framework will be announced in the New Year.

UK BASED KIWI EVENTER SWITCHES CODE

Article by Wendy Hamerton Photo by Melanie Betts

We just never know when another Kiwi Dressage enthusiast is going to emerge from another part of the world - this month it is Emma Beresford.

Twenty -seven year old Emma was born in the UK, but her mother grew up on a on a sheep farm near Pahiatua, and although her father is British, she has New Zealand nationality and evented in the UK under the New Zealand flag.

She left school at sixteen with a passion for eventing, and her story is that of many other young kiwi eventers; following their heroes. “I hoped to follow in the footsteps of Toddy, Blyth (Tait) and (Andrew) Nicholson. I reached 2* level on Prince Keel, a horse that I produced myself from a four year old before we ran into injury problems in 2014. I then got interested in dressage when

I took a break from competing (in eventing). I spent two years working for Giffords travelling circus riding “high school” on Andalusian horses. The winter of 2016 saw me back in New Zealand travelling the country and cycling for charity. I returned to the UK in 2017 and did a few 1* events before deciding to switch to dressage, partly due to lack of horse power and funds. Since then my focus has been dressage”

Emma now has a new goal to represent New Zealand in dressage

at the FEI levels. “If I can get the right horse maybe Paris (Olympics 2024) is a goal”. In the meantime she has a quality Irish horse called Grandmaster III (aka Red) who will come out at Advanced level next season with the aim to do FEI small tour. She is looking to syndicate Red to assist her realize her dream. As well as “Red” Emma has Kings Advocate, owned by Michelle Bremner, who just done his first advanced and hopefully will start at Prix St Georges in the New Year.

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(EGUS) EQUINE GASTRIC ULCER SYNDROME

WHAT IS EGUS?

EGUS involves damage to the lining of the stomach, ranging inflammation to deep ulcers and rarely perforation of the stomach. Gastric ulcers are extremely common, studies have found around 75% of ridden horses, 90% of race horses and 51% of foals have had some level of ulceration.

BACKGROUND

Horses evolved to graze, so the stomach has food nearly always passing through. Their stomach has two regions, the 'non-glandular' tissue and the 'glandular tissue', which secretes stomach acid. Ulcers commonly occur in the non-glandular area, as there is less protection against stomach acid.

The horse's stomach giving an estimated distribution of gastric ulcerations in the non-glandular and glandular mucosa.

SYMPTOMS OF GASTRIC ULCERS

Can vary widely between horses, which can make it difficult to diagnose ulcers from symptoms alone.

PHYSICAL CHANGES

- Weight loss.
- Loss of condition, muscle or poor coat.
- Reduced or poor performance.
- Seeming dull.

CHANGES IN BEHAVIOUR

- Reduced feed intake or poor appetite
- Being restless or showing discomfort
- Windsucking or cribbing if not a normal habit
- Reactions to girthing or rugging, like gasping, biting, kicking.
- Bucking or reluctance to move forward when being ridden

SIGNS OF PAIN...

- Colic.
- Repeated yawning or teeth grinding.
- Tight lips and tense muscles around the muzzle and eyes.
- Partially closing their eye or ears consistently back or downward.

DIAGNOSIS & TREATMENT

Seek veterinary advice. Gastric ulcers can only be diagnosed for certain using gastroscopy, where a special camera is used to view the stomach when empty after a short fast.

Treatment will depend on the severity and location of the ulcers, but commonly includes:

- Medication to reduce the production of stomach acid, such as omeprazole.
- Medications to help protect the stomach lining, such as sucralfate.
- Change routine and management to improve gut health and reduce stress.

REDUCING THE RISK OF GASTRIC ULCERS

- Feeding...
- Round the clock access to pasture
- Access to clean water
- Good quality roughage, like Lucerne, as this is high in protein and calcium complexes which can help buffer stomach acid and Fibre-Beet® helps maintain the mucus linings of the gut and the structural fibre absorbs excess stomach acid
- Avoid long periods without access to food.
- Keep meals small, ideally 1-1.5kg per feed.
- Keep the amount of starch (cereals) per meal low.
- Add vegetable and fish oil such as Performa 3® oil.

Chewing stimulates saliva which helps buffer stomach acid. 1kg of hay can take 3000- 3500 chewing movements and a concentrate can take 800-1200 chewing movements to consume 1kg.

MANAGEMENT CHANGES

- Provide as much access to pasture as possible to allow horses to more chance to move and socialise.
- Any measures to reduce stress, such as providing company when working, stabled or travelling.
- Ensuring there isn't any discomfort or untreated lameness issue.

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OWNERS - A VITAL COMPONENT OF OUR SPORT



Michelle Zielazo with her home bred mare Alasaan Wanderstarr with rider Sarah Gray
Photo Dannie Armstrong

Dressage NZ recognises that owners have a significant role to play in equestrian sport. This role is likely to increase in the future as riders commit to bigger teams of horses and aiming for international representation. We are also considering how to involve owners more closely in our sport and to thank them for their contribution.

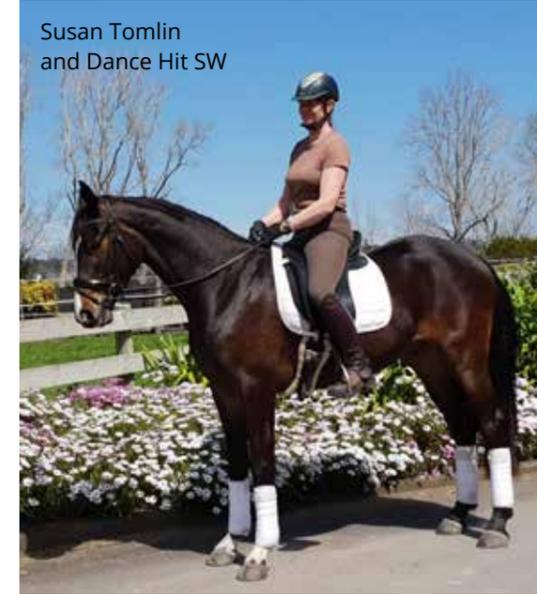
Over the next few issues we will talk to a number of owners to give you an insight into why they find this role so rewarding.

This month we feature Michelle Zielazo and Andrea Raves.

MICHELLE ZIELAZO

An injury and subsequent knee surgery left me in the situation where I had a lovely young mare just embarking on her competition career - yet I am unable to ride for twelve months! Sad news for any rider but it also set me on a journey to find a rider. I wanted to find a person who would not only ride my horse for me but develop her training and care for her as much as I do. After careful research I'm pleased to discover that being the owner of a competitive dressage horse is actually a surprisingly exciting and rewarding experience.

I was initially apprehensive that I would feel a bit lost going to see my horse being ridden and cared for by someone else but so far it has been an amazing! The joy I get in seeing the relationship of my rider and horse develop is unexpected but lovely, and though I still get very nervous watching them compete... it's also a pleasure to watch. Being able to support this partnership gives me great delight and I'm excited to watch them continue to surpass expectations. It's also a lovely relief at competitions not having to deal with my own riding nerves and just be able to relax and admire and enjoy the beautiful presentation and the work being produced. At home outside of the competition environment, it's wonderful to be part of the whole journey knowing that we are both doing the best for my horse.



Susan Tomlin and Dance Hit SW



Andrea Raves welcomes Duncan to his new home in the Manawatu

ANDREA RAVES

When I was a competitor prior to 2004, I was lucky enough to have partnerships with Tony and Helen Hughes-Keen (Fetterman & Greendowns Laredo) and then "Out with Oliver" who was owned by Biddy Sutherland. Sadly Oliver had a soundness issue and was retired from competition early in his promising career. With no other horse on the horizon, I decided to fully concentrate on coaching. I do miss the riding but get great satisfaction out of my pupils' improvement and their results.

Then along came "Duncan". I thought "there is something special about this horse". In fact, had I still be competing, I would have bought him for myself. He is a three year old gelding, "Dance Hit SW", by Danciano out of a Sandro Hit mare, bred by Sterling Warmbloods. From the first time I laid eyes on him, it

struck me that he could also be a good horse for Susan Tomlin who I knew was looking for the next horse for her team. Susan and I have been friends for years and I have been coaching her since the late 90s.

The outcome was perfect. We decided to go into partnership with me the part owner and Susan the rider. It is certainly a different connection I have to "Duncan" as part owner now rather than just being involved as a coach. The partnership also gives me yet another interest going to the shows. It has turned the full circle from me being the rider to being a part owner. I am really excited and am looking forward to see him develop and hope that he will progress through the grades once he starts competing next year.

Susan and I still have not decided which part of "Duncan" belongs to whom!



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Photo: Libby Law Photography

KIA KAHA JULIE

The New Zealand Dressage community sends their very best wishes to Julie Brougham as she contests a personal challenge - this time out of the dressage arena.

You can read Julie's story here - it is a candid, courageous and truly inspirational story of her bid to fight back against cancer.

A SHOUT OUT TO THE GOOD SORTS

Photo by Libby Law Photography

We have extended the celebration of the special people in our sport. Thank you to Andrea Raves of AR Dressage and Saskia Ostermeier of AllinFlex for your generous sponsorship. Each month we will feature both an Official and a Volunteer 'good sort'.



Volunteers all over the country put in an eye watering amount of hours, expertise, love, sweat and tears into the facilitation of our sport and events from local to international level. This commitment starts with the likes of eight year old Poppy who is featured in this issue, right through to the top level of Dressage NZ/ESNZ Board. The many weeks of work that goes on behind the scenes by our volunteers to produce a local show, never mind a Back on Track Premier League event, would be a revelation to most riders.

These people are often the unsung heroes, as very few people are aware of what they do. The lovely ladies in the event office did not just show up on event day to field queries from riders, spectators, officials and other volunteers, some of them have been working on the event for weeks or even months. We have many ways

nationally of acknowledging these people such as the Fissenden Trophy for Outstanding Contribution to Dressage, judge and volunteer of the year, volunteer awards at our national events, and nominations for the Local Hero awards and on a grand scale the MNZM recently awarded to Christine Hartstone.

These Bulletin features give area groups the opportunity to nominate someone special from their team to be profiled. All we need is a high resolution photo and some facts and interesting snippets about your proposed recipient. Volunteers featured will receive a gift from AllinFlex and Officials will have their ESNZ membership paid by AR Dressage for the year. So come on areas get your nomination in to me at dressage@inspire.net.nz

Celine Filbee

Karen & Murray Anderson
 Photo: Libby Law Photography



OFFICIAL OF THE MONTH TEAM ANDERSON

Sponsored by AR Dressage

Murray and Karen Anderson are no strangers to our riders. They are both Level 1 FEI Stewards and travel all over the North Island to officiate at shows. The pair reside in the sunny Bay of Plenty so they have plenty of Dressage Miles clocked up as they travel across the country, usually also providing their own accommodation aka - horse/house truck. Karen not only stewards but competes as well having represented NZL in Australia with her ride Komplete Kaos (Ammo) at both small tour and Grand Prix. Karen now has a young horse which has been out and about this season with success, following Karen's recovery from a shoulder injury.

Karen's greatest fan Murray, was a

NZ representative in the fast paced sport of hockey, playing for the NZ Masters before becoming totally immersed in the horsey lifestyle. Murray is entering his second decade of stewarding having signed up in 2007.

This pair put in an incredible amount of hours at a show. The steward's timetable is gruelling one, often starting at 6am and working through until the late evening at the bigger shows, for up to four days. They spend long hours on the competition and warm up arenas which gives them very close contact with riders, advising them, sharing their knowledge of the rules, taking off horse boots, holding coats, ensuring our riders are safe, happy and can be able to warm up and compete to the

best of their ability. Not only that, you can often find them grooming arenas, moving equipment and assisting with a variety of tasks around the venue. They are always willing to arrive a day early to assist.

Karen and Murray are extremely worthy recipients of this month's AR Dressage Official's prize. For further information on AR Dressage contact Andrea at tetch@xtra.co.nz

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VOLUNTEER OF THE MONTH - TRACY ROSE-RUSSELL

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Tracy is a simply fantastic volunteer says Dressage Marlborough. She has been the treasurer for Marlborough Equestrian Park since its beginnings in 2014, and also the bookings and membership co-ordinator, which is been quite a workload in itself. She also stepped up and onto the Marlborough Dressage committee some years ago and immediately took on the job of "sponsor officer", which as a small group we had always found this to be a hard position to get a volunteer to fulfil. In her usual efficient manner, Tracy single handedly took care of all the event sponsorships, and did a great job producing the program, including printing and having it delivered on time. In addition to

this she also organised extra cars for judges, picked them up and dropping them off.

Dressage Marlborough is so grateful for all Tracy has done quietly "in the background" - we don't think many people are aware of all she did for our recent Premier League Event.

Not everyone volunteers in the lead up or at the event, but having a busy life of her own doesn't stop Tracy making a huge contribution. She has a demanding day time job and family too!

Tracy has a long association with horses from an early age.

"I got my first pony Cherry when I was six years old and have had a horse in the paddock ever since. I did the usual pony club time and a mixture of showing, dressage and

eventing. Then came university and I took a break from competing for about ten years while I studied, got a job and headed overseas to the UK. Some sixteen years later, I got myself another horse and in between a few breaks to get married and have two children, I have been back competing locally. Currently I have a young Irish horse who has just started under saddle his year - we won the national Irish Horse performance competition for Inhand competition this year. I work full time as manager/director at Rose Ag Ltd - our family owned vineyards & contracting business. "

Dressage NZ and Dressage Marlborough thank Tracy for her brilliant contribution to our sport.



THE PERFECT SURFACE - WATER WORKS

Expert arena builder Trevor Kouwenhoven outlines the most important yet often overlooked component of any arena – drainage and moisture retention.

THE “UNSEEN” CRUCIAL FACTOR

We are often asked: Why are arenas expensive to build? The reality is that while the cosmetic features such as sand & borders determine rider perception, the hard work is being done beneath your feet, deep in the sub-layer, well away from the impact zone.

Having a solid base and proper surface footing is essential for any arena. The stability of that footing relies on the arena's capacity to manage water – both retention and dispersal.

There's nothing worse than a flooded arena but just as damaging can be the lack of moisture your arena can hold.

Achieving the right balance requires engineering plans to safely remove excess water, allowing drains to flow at maximum capacity and continue operating free of blockages and compaction issues while also providing a level of moisture to lessen the effects of wind and hoof distribution.

At this point it's important to understand that the configuration of your arena drainage may differ to that of others you've seen or ridden on.

Factors such as:

- Soil type
- Natural slope
- Water table
- Surface composition and
- Annual wind and rainfall all play a part in determining which solution will best suit your arena.

At Horsearenas.co.nz we recommend, where possible, limiting the amount of drainage construction within the working area (pipes or membranes) unless absolutely necessary to allow water to flow to the outside of the arena where it can be collected, moved and/or rerouted.

WATER IS BOTH FRIEND AND FOE

Most arena owners believe water and arenas shouldn't mix but not all water is bad. By retaining a degree of moisture, especially with fine particle surfaces common with many older arenas consisting of a river base sand & pumice mix, you will lessen the impact of dust and hoof displacement as the surface weight increases. Dry sand is extremely loose and “fluid”. The goal is to try and retain as much moisture in the lower part of the surface as possible, for as long as possible.

It is important to also note that a horse will find a better footing connection with the arena sand surface when moisture content is present.

GROOMING IN SUMMER VS WINTER

We groom in summer to aerate the surface and allow water to penetrate the upper layer (retention) as opposed to Winter when our focus is on removing excess water.

The timing of summer grooming is therefore important and should be done as soon as possible after a training session/arena use. By smoothing over hoof indentations, the sun and wind is less likely to penetrate the lower surface & dry it out. This enables us to retain the moisture content for longer.



TREVOR SAYS
The effect of wind means you can lose up to 10% of your surface every year. Irrigation or putting moisture back into your surface will reduce this dramatically.”

SUMMER GROOMING TIP:

Don't groom too deep – simply look to cover the hoof indents in a single pass

IRRIGATION

Of course the best way to ensure moisture remains constant is to connect up an irrigation system. These are relatively easy to install or purchase with several options available.

Key points to remember:

- Ensure full coverage
- Control volume (Application rate)
- Avoid wet spots
- Sprinkler head selection and positioning – away from horses who like to chew!

MAINTENANCE TIPS

Keeping the drains clear of sediment and weeds is crucial to ensure water is removed successfully.

Side external drains can often become clogged with sand particles caught by the filter cloth. Also if left unchecked, over time grasses and weeds will form in the corners and along the sides of your arena.

Clean filter cloth and remove any plant build up immediately.

Weeds are like Icebergs – there's a lot more underneath than on top!

Be careful if you choose to pull any established weeds from the arena surface. It is likely that the roots have penetrated the sub-layer and base. If so, you may be damaging the base and effecting its integrity by yanking them out.

THINKING AHEAD

Moisture retention is all part of the concept, design and build process. For too long many contractors have been simply copying and repeating past mistakes, without a clear understanding that an arena surface must cope with more than just a horse and rider.

This summer, with sea temperatures set to rise (due to El Nino climate system) New Zealand's weather patterns will be typically cooler with more intense rainfall for regions that are already normally wet. For regions that are usually drier, you could experience drought-like conditions.

This means arena owners everywhere will have a greater need to manage water.




HORSEARENAS.CO.NZ

- Quality design,
- Quality build
- Guaranteed.

10 TIPS FOR STAYING IN SHAPE OVER THE HOLIDAYS

Article by
Ricki Jacobs

With Summer here it's time to enjoy all the good things that come with the season; beaches, BBQs, beers, good food and all the other luxuries the warm weather brings. Summer is the time to wind down, relax and enjoy quality time with family and friends. With a bit of awareness and a few smart choices you can stay on track to hit the ground running in the new year. Here are 10 tips for staying fit and in shape over the summer

1. SET A PLAN AND BE REALISTIC

Not everyday will be perfect and neither should it be. Plan in advance the days you won't be able to exercise and make sure to put the work in around those days, that way you can relax and enjoy the time off without having the guilt of not keeping up with your exercise regime.

2. BE MINDFUL OF HOW MUCH YOU EAT AND DRINK

One day of unhealthy eating and drinking will not ruin your progress, but consistently unhealthy eating and drinking will.

With all the beer, wine and tasty leftovers in the fridge it's easy to get carried away on the portion sizes throughout the Christmas period, choose your portion sizes wisely. Eat until you are satisfied and not until you're full (there is a big difference!). Prioritise proteins and vegetables before anything else, and only have a small portion of grandma's Christmas truffle, not the entire bowl!

3. EAT STRATEGICALLY

We all want to give in to temptation and eat all the nice food on offer during this period, and so we should.

Eat strategically and eat the majority of your carbohydrate dense foods around mid morning or lunchtime.

This sets you up for having the best possible chance of burning off those extra calories you're consuming through the rest of the day ahead. Staying hydrated as well will aid in digestion and help you consume less calories throughout the day, have a glass of water with every meal.

4. AIM TO "MOVE" EVERYDAY

Avoid being seated for long periods, even on days you aren't heading to the gym or exercising make it a priority to do something everyday. This can be as simple as a stroll on the beach or playing with the kids. You will notice a difference in mental clarity, boost your metabolism and therefore help avoid any unnecessary weight gain.

5. COUNT YOUR STEPS

Use a pedometer to count your daily steps, most phones will have them built in or downloadable apps and some watches will have them too. Set a goal to achieve an amount you usually would on a normal working day EG 10,000. Checking this throughout the day will remind you to keep moving and get those steps up.

6. WORKOUT IN THE MORNING

If you're already a morning person you will find this very easy. Get your exercise done first thing in the morning to save procrastinating throughout the day and once it's done you don't need to feel guilty about skipping a workout.

7. PRIORITISE SLEEP

This may seem obvious, but lack of sleep or poor sleep in general can have a huge impact on our body composition and fitness levels. Getting enough sleep can keep hormone levels in check and reduce stress levels to keep our bodies functioning optimally. Avoid too many late nights or sleep ins on a consecutive basis to feel better throughout the holidays.

8. DITCH THE LONG WORKOUTS

When the summer heat is calling the last thing we want to do is spend 1-2 hours in the gym slaving away over a few machines. Aim for full body workouts in a high intensity interval fashion that will be done in 20-30 minutes. Doing this will actually speed up your metabolism and help you burn more calories during and after your workout.

9. GET YOUR GOALS IN CHECK NOW

Don't wait till the new year to start your new year's resolution, write down what you want to achieve and have them visible everywhere you will see them constantly, on your phone, by your bed, on the fridge. That way when you're feeling unmotivated this will remind you why you're doing this, and maybe stop you eating that extra biscuit or two!

10. RELAX AND HAVE FUN

Results don't come overnight, results come with dedication and consistency. Whatever you have planned over the summer holidays make sure to do something everyday that will either get you closer to your goal or refrain you from moving further away from it, this will help you stay on track and keep your fitness goals in sight. A small break from exercise or drop in intensity can be great for us physically and mentally, as long as the break doesn't last the whole summer!



Ricki Jacobs is the head trainer at the Mega Sports Centre in Rangiora, Canterbury.

As a former semi professional rugby player he specializes in helping athletes improve movement quality and physical performance.



ALL ROADS LEAD TO GOTHENBURG

Benjamin Werndl and the Damon Hill son Daily Mirror

Photos by FEI/Tony Parkes Article by Louise Parkes

All roads lead to Gothenburg next April for the World Cup finals. A maximum eighteen of the world's best dressage riders will fight for the title after a tough qualification period throughout the European autumn and winter. In total there are four leagues of which the riders can qualify from. The eight strong event Western-European League attracts many of the world's top ranked riders and a huge following of dressage fans. Qualifiers still to come in the Western League are London Olympia, Great Britain (17-23 Dec), Mechelen, Belgium (26-30 Dec) Amsterdam, Netherlands (24-27 Jan). Add in the North American, Central European and Pacific League finalists and Gothenburg looks to be the go to place for dressage enthusiasts from 3-7 April next year.

The latest qualifier is Salzburg was a stunner with Germany's Benjamin Werndl moving to the top of Western European League table alongside compatriot Dorothee Schneider

LOUISE PARKES REPORTS FROM SALZBURG

Germany's Benjamin Werndl (34) threw his hat into the ring for a place at the FEI Dressage World Cup™ Final next April when producing a spectacular victory with Daily Mirror at the fifth leg of the 2018/2019 Western European League in Salzburg.

The pair's performance wasn't perfect, with a few glitches along the way, but the best bits weren't just good - they were breathtaking. And with only three riders from each nation allowed into the Final, Werndl is putting intense pressure on his German counterparts for one of those slots after moving to the top of the leaderboard alongside compatriot Dorothee Schneider.

It was Sweden's Patrik Kittel (42) who lined up second with Delatio while Schneider slotted into third with Faustus on a day when all of the leading partnerships really stepped it up to another level. Werndl was almost speechless with delight after topping both yesterday's Grand Prix and today's Freestyle.

"This horse is a gift...I'm having an unbelievable trip with him, he's developed so much over the last few months and I can't find the right words to describe how much it means to me!"

Werndl, whose sister Jessica von Bredow-Werndl, was on the gold medal winning team at the FEI World Equestrian Games™ (WEG) 2018 in September, was already lying second on the league table however following his win in Budapest (HUN) in September and points collected for fifth place at both the WEL opening leg in Herning (DEN) in October and the third leg in Stuttgart (GER) last month. It's been a strong and steady progression, and it was clear today that there's a lot more to come from Daily Mirror despite the fact that the gelding son of Damon Hill is 14 years old.

"There's so much more potential in this horse, and now my job is to find out how to bring it out!" said the rider who was on the German long-list for the WEG. "He had a break of two years before he came to us a couple of years ago, so he still feels a bit like a young horse building up experience, and I really wasn't expecting him to be so cool in this arena today - he's just the perfect gentleman!" Werndl added.

He was eleventh to go of the 15 starters, and when his test kicked off with a double-pirouette followed by two-tempi changes and another double-pirouette on the centre line then it was obvious he meant business. Daily

Mirror's ground-eating extended walk earned a 9 from four of the five judges as the daring duo marched to the first over-80% score of 80.790. And then he had to sit back and watch four more formidable contenders.

Australia's Kristy Oatley and Du Soleil posted 79.330 before Patrik Kittel and his new ride Delatio, which was competed by Great Britain's Emile Faurie until July of this year and was runner-up for the Swede on their World Cup debut in Lyon last month, put 80.010 on the board to slot into second spot. And that's where they would remain despite a lovely performance from European and World team gold medallist Schneider and her super-exciting "Grand Prix baby" - the 10-year-old gelding Faustus who scored 79.730 for third place.

Now that he has the FEI Dressage World Cup™ Final 2019 in his sights, Benny Werndl really wants to get there, but he knows the battle for one of the German slots is not yet over. "All the other ladies want to go there too, but at least now I have a good chance, and I'm hoping to get to another qualifier in either Amsterdam (NED) or Neumünster (GER) in the new year" he said.

RESULTS

- 1, Daily Mirror (Benjamin Werndl) GER 80.790
- 2, Delatio (Patrik Kittel) SWE 80.010
- 3, Faustus (Dorothee Schneider) GER 79.730
- 4, Du Soleil (Kristy Oatley) AUS 79.330
- 5, Fabregaz (Fabienne Muller-Lutkemeier) GER 79.300
- 6, Brother de Jeu (Antonia Ramel) SWE 77.230



Benjamin Werndl in the prizegiving (on a catch horse)



1: Heritage Equine Super 5
L to R (5th to 1st) Kim Schwass, Sofia Letteri, Jenny Clarke, Jamie Mullholland, Leia McEvoy

2: Level 8, Jacqui Thompson (Champion) and Rosanne Rix (Reserve)
3: Level 7 Custom Logistic Super 5
L to R (3rd to 1st) Zoe Towler, Liz Hutson, Laura Brown

4: L to R Superior Rubber Surfaces Grand Prix League, Judy Alderdice (Selector & Judge) Julie Pearson, Robin Friend (Judge) Joanne Brown
Photo: the Brown Family

SOUTHERN HAWKES BAY DRESSAGE

RESULTS:

NZ HANOVERIAN SOCIETY AWARD L1-L3

Henrike Puketapu & HSP Soe

NZ HANOVERIAN SOCIETY AWARD L4 & ABOVE

Liz Hutson & Hapsburg PSH

RIDER C1- C2 AWARD

Lenore Mclvor & Anaruby II

RIDER C1- C3 AWARD

Rachel Hucker & Must Be Magic

RIDER C1- C4 AWARD

Sofia Letteri & Summerhill Forest

LEVEL 1 NON-GRADED CHAMPION

Jasmin Bolton & Southwind Sonny Jim

RESERVE Penelope Ewart & Polly Pocket

LEVEL 1 CHAMPION

Lucy Russell & Donneroyal

RESERVE Rosanne Rix & Linisfarne Danseur

LEVEL 2 CHAMPION

Henrike Puketapu & HSP Soe

RESERVE Rochelle Speirs & Donna Hope

LEVEL 3 CHAMPION

Leia McEvoy & Amon Ra

RESERVE Sofia Letteri & Summerhill Forest

LEVEL 4 CHAMPION:

Tania Smith & Donnerbella II

RESERVE Vaughn Cooper & River Jim

LEVEL 5 CHAMPION:

Laura Brown & Aviance

RESERVE Nicki Sunley & Laila Dawn

LEVEL 6 CHAMPION

Brenda Bellringer & Truly Smitten

RESERVE Henrike Puketapu & Alexander M

LEVEL 7 CHAMPION

Laura Brown & Aritari

RESERVE Liz Hutson & Hapsburg PSH

LEVEL 8 CHAMPION

Jacqui Thompson & Georgio

RESERVE Rosanne Rix & Lindisfarne Laureate

LEVEL 9 CHAMPION

Julie Pearson & All Rights Reserved

RESERVE Julie Pearson & Zinstar



5: Rochelle Speirs on Julie Brougham's Donna Hope
Photo: Campbell Ware

6: Lucy Russell & Donneroyal
Photo: Campbell Ware

7: Level 6 Champions
L to R Brenda Bellringer (Champion) Henrike Puketapu (Res)
Photo: the Brown Family



COMPETITION HOT AT CANTERBURY COOLTRANZ CHAMPIONSHIPS

Article by Shannon Brien and Wendy Hamerton Photo by Mels Moments Photography

Competitors from the far ends of the island and everywhere between converged on the McLean’s Island NEC to join the ever strong local contingent creating a weekend of fierce competition at the Canterbury Cooltranz Championships - the fifth round of the Back on Track Premier League events in the South Island.

A wide ribbon trifecta was Melissa Galloway’s reward for her trip from Marlborough taking out Reserve Champion Level 3 with Windermere Zephora plus Champion Levels 8 and 9 with Windermere J’Obey W and Windermere Johanson W. The Yeti Memorial Trophy for highest percentage in a musical freestyle went back to the Galloway stable. This trophy is a tribute to dressage

pioneers Dolly Crowther and her daughter Hilary who produced Yeti to the FEI levels. Melissa partnered Windermere J’Obey W to a very inspiring 76.08% in the Level 8 Zilco Musical Freestyle class which as far as we can ascertain is a record at this level. International judge Linda-Warren-Davey was impressed with the strength and correct development being shown by the eight year old year old gelding (Johnson & Miss Pompei XX). “Horse and rider are demonstrating a real understanding of collection and engagement” she said when asked for her impressions.

Diane Wallace also made a successful journey from Marlborough, with her two homebreds KP Denver and KP Dexter taking home Champion Level

1 and Champion Level 4 respectively. Two titles also headed south with Rebecca McKee (Southland) having a successful return to Canterbury taking away Champion Level 5 with Solo while Otago’s Anya Durling took out Champion Level 3 with her home bred ten year old Rascillion (Hanoverian by Rascalino / Donna)

Local Canterbury riders continued to hold on to their share of the winnings, Nicki Ford and the 8yr old L’Etoile (Lessing / Venus) taking out a close Level 2 Championship and Nicola Maley scoring consistently well to head home with the Level 7 Championship to add to Astek Galahad’s (Kinnordy Gym Bello / Rangeview Natasha) collection. South Canterbury rider Phillipa McLeod rounded off a strong Level 6

by taking out the championship with Astek Ginsling (WB by Kinnordy Gym Bello & Star of Pegasus xx).

The CoolTranz Canterbury Dressage Championships enjoyed a perfectly timed reprieve from the week-long rain the region had been experiencing and the Canterbury Area group was extremely excited to welcome aboard CoolTranz Ltd as the 2018 naming sponsor. “We are extremely grateful for their support” said a group representative.

A huge thanks to our hard working organising committee, judges, stewards and all volunteers who helped to run a great competition. Canterbury Dressage looks forward to seeing everyone at the Harcourts Four Seasons Realty South Island Festival of Dressage in January!

1: Championship placegetters pictured with Cooltranz rep Alastair Mathews

2: Melissa Galloway and Grand Prix champion Windermere Johanson

3: Para champion Winnie Taylor with her team

YOUR BUSINESS COULD BE HERE

sarah@snaffledesign.co.nz



1.

- 1: Anya Durling & Rascallion
- 2: Nicki Ford & L'Etoile
- 3: Jan Morice & Denmark



2.



3.

Canterbury Championships continued...

RESULTS:

YOUNG RIDER CHAMPION AWARD
Lucy Cochrane & Gymanji

NZ HANOVERIAN SOCIETY AWARD L1-L3
Anya Durling & Rascallion

LEVEL 1 NON GRADED CHAMPION
Julie-Anne Sime & Vogue
RESERVE Jan Allen & Jive Star

LEVEL 2 NON GRADED CHAMPION
Justine Dodds & Caithness Vivace
RESERVE Jemma Seddon-Smith & Eva

LEVEL 1 NON GRADED PONY CHAMPION
Maddie Collins & Dalmar Rhinestone

LEVEL 1 PONY CHAMPION
Emily van Herpt & Skibberdeen Indigo
RESERVE Ella Fitsimons & Apsley Golden Secret

LEVEL 2 PONY CHAMPION
Ruby Thomas & Carnesso Royal Flush
RESERVE Kimberley Clearwater & Apsley Just An Image

LEVEL 3 PONY CHAMPION
Charlotte Thomas & Fairview Free Spirit
RESERVE Meg Johnston & Little Blessing

LEVEL 4 PONY CHAMPION
Meila Picard & Buckton Denniston
RESERVE Emma Copplestone & Dinky Di Doff

LEVEL 1 CHAMPION
Diane Wallace & KP Denver
RESERVE Holly Merritt & Farloe Ghalia

LEVEL 2 CHAMPION
Nicki Ford & L'Etoile
RESERVE Rilee McMeekin & Solitar Storm

LEVEL 3 CHAMPION
Anya Durling & Rascallion
RESERVE Melissa Galloway & Windermere Zephora

LEVEL 4 CHAMPION:
Diane Wallace & KP Dexter
RESERVE Joan Adair & La Peregrina

LEVEL 5 CHAMPION:
Rebecca McKee & Solo
RESERVE Jan Morice & Denmark

LEVEL 6 CHAMPION
Phillipa McLeod & Astek Ginsling
RESERVE Fiona Sharp & New World Finesse

LEVEL 7 CHAMPION
Nicola Maley & Astek Galahad
RESERVE Pip Thompson & Gemstar

LEVEL 8 CHAMPION
Melissa Galloway & Windermere J'Obei W
RESERVE Franzi van Bruggen Smit & Fortunato

LEVEL 9 CHAMPION
Melissa Galloway & Windermere Johanson
RESERVE Barbara Chalmers & Rossellini

PARA CHAMPION
Winnie Taylor & Stoneleigh Koromoko



Poppy Hart and Sudeley Red Rascal

RESULTS:

- BEST PRESENTED** Lauren Haig
- LEVEL 0 NON-GRADED CHAMPION**
Paule Crawford & Attesa RH
RESERVE Lucy Roy & Kirkwood Aspirant
- LEVEL 1 NON-GRADED CHAMPION**
Daisy Bowers & Bombay Blue
RESERVE Erin McDiarmid & Sparkles
- LEVEL 1 AMATEUR CHAMPION**
Megan Ellis & Mademoiselle
RESERVE Christine Walker & Cobigan Mia Bella
- LEVEL 2 AMATEUR CHAMPION**
Heidi Hart & X Rated
RESERVE Belinda Anderson & Flynnie McGoogan
- LEVEL 1 PONY CHAMPION**
Emily van Herpt & Skibberdeen Indigo
RESERVE Blake Mouat & Ellangowan Chianti
- LEVEL 2 PONY CHAMPION**
Runy Thomas & Carnesso Royal Flush
RESERVE Melissa Brindson & Tickety Boo
- LEVEL 1 CHAMPION**
Catherine Smith & Quendrix
RESERVE Holly Merritt & Farloe Ghalia
- LEVEL 2 CHAMPION**
Rilee McMeekin & Solitar Storm
RESERVE Nicki Ford & L'Etoile
- LEVEL 3 CHAMPION**
Wendy Butler & Sisters II Whitney H
RESERVE Lauren Haig & Topshelf II
- LEVEL 4 CHAMPION:**
Deborah Rutherford & Donna Lilly
RESERVE Sarah Cornwall & Stellars Eagle
- LEVEL 5 CHAMPION:**
Rebecca McKee & Solo
RESERVE Roya Yavari & Glenview Caballero
- LEVEL 6 CHAMPION**
Sonya McLachlan & Alliarna
RESERVE Fiona Sharp & New World Finesse
- LEVEL 7 CHAMPION**
Phillipa Thompson & Gemstar
- LEVEL 8 CHAMPION**
Jude Nickolls & Rakaunui Embracing
RESERVE Gill Edgar & Cordacious
- LEVEL 9 CHAMPION**
Barbara Chalmers & Rossellini

TOMORROW'S STARS SHINE BRIGHT AT ASHBURTON

Photo by Mels Moments Photography

Ashburton Dressage's Premier League, held over the weekend of the 17th & 18th Of November at the Ashburton Showgrounds hosted 115 horses and ponies, with riders travelling from Nelson and Invercargill. The event proved that dressage is a sport for all ages, with riders ranging from 70 years, down to our two youngest competitors, Poppy Hart & Lucy Roy, both just eight years old.

Poppy and Lucy both rode against adults in their class, with Poppy coming 2nd in a field of 10, with a very creditable score of 65%, riding her pony Sudeley Red Rascal. Poppy was the youngest rider at our event, not only riding, but being a wonderful volunteer to our very small committee by collecting sheets between riding for the weekend, making our scorers job a little easier. Great job Poppy!

Poppy comes from a great line of talented dressage riders, with Mum Heidi Hart and X Rated taking out the Level 2 CN-C2 Championship, and Gran, Lynley (Stockdale), a very successful Grand Prix rider. We look forward to seeing Poppy out and about in the future.

WAITEMATA DRESSAGE CHAMPIONSHIPS



1.



2.



3.

1: Chanelle Flyger & Hot Chocolate MH
2: Haydee Wells-Parmenter & Royal Dream
3: Kerry Goldthorpe & Snapshot FE

Photos: Hannah Comrie

RESULTS:

YOUNG RIDER CHAMPION AWARD

Lucarne Dolley & Ardmore
RESERVE Rebecca Williamson & Don Tobio

MASTERS L1-4

Miriam De Valk & Don Debonaire
RESERVE Kathryn Corry & Anuschka PSH

MASTERS L5 & ABOVE

Gaylene Lennard & Jax Johnson
RESERVE Paula Stuart & Aztec Lad

LEVEL 1 AMATEUR CHAMPION

Reece Downham & Baretta MH
RESERVE Taylor Maxwell & Kow'haiek

LEVEL 2 AMATEUR CHAMPION

Reece Downham & Georgie MH
RESERVE Kylie Richards & Gucci MH

LEVEL 1 PONY CHAMPION

Piper Crake & Glenvar Bramble
RESERVE Ella Bartlett & Zameri

LEVEL 2 PONY CHAMPION

Alexandra Hope & Oaklands Park Cloud 9
RESERVE Samantha Belsham & Alpine Park Watercolour

LEVEL 3 PONY CHAMPION

Brigitte Harper & Ocean Spirit
RESERVE Emily Hastings & Glendale Nightlight
RESERVE Sam Gradowski-Smith & Heritage Don Quilla

LEVEL 4 PONY CHAMPION

Bella Small & Kingslea Busy Bee
RESERVE Alice Naish & Hunter Valley

LEVEL 1 CHAMPION

Jo Shepherd & Dunstan Centrepiece
RESERVE Reece Downham & Sarena MH

LEVEL 2 CHAMPION

Christine Weal & Stonelea Felicio
RESERVE Miriam De Valk & Don Debonaire

LEVEL 3 CHAMPION

Casey Burton & Fanfare MH
RESERVE Amanda Berridge and GS O Jay

LEVEL 4 CHAMPION:

Wendi Williamson & Don Vito MH
RESERVE Haydee Wells-Parmenter & Royal Dream

LEVEL 5 CHAMPION:

Gaylene Lennard & Jax Johnson
RESERVE Wendi Williamson & Bon Jovi MH

LEVEL 6 CHAMPION

Wendi Williamson & Decadence MH
RESERVE Chanel Flyger & Hot Chocolate MH

LEVEL 7 CHAMPION

Julie Flintoff & Belladonna MH
RESERVE Christine Weal & Schindlers Liszt

LEVEL 8 CHAMPION

Lucarne Dolley & Ardmore
RESERVE Betty Brown & Neversfelde Rupert

LEVEL 9 CHAMPION

Wendi Williamson & Don Amour MH
RESERVE Paula Stuart & Aztec Lad



1.

1: Louise O'Sullivan & O Soliman
2: Bella Small & Kingslea Buzzy Bee
3: Zoe Gray & Christine Weal with Schindlers Liszt

Photos: Hannah Comrie



2.



3.



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Bella the brave OTAGO DRESSAGE CHAMPIONSHIPS

Article by Wendy Hamerton Photos by Bella Innes

Twenty-three year old Bella got herself and her horse Morgen Stern (Squishy) ready for the Otago October spring show just like any other show but the day unfolded more akin to a nightmare. In a freak accident her left foot got caught in the stirrup when Squishy catapulted her out of the saddle. The result was multiple broken bones in her leg and foot, a number of surgeries and eighteen nights in hospital.

It's been a difficult few months for Bella having recently also lost her beautiful Silver Schist (Squirt). "He was a horse I was given by my instructor / friend who got him from the wild. We grew up together and he was an amazing little guy but unfortunately we lost him due to complicated navicular at only rising 9 years old. Just as he was getting awesome, he went unsound".

But Bella is made of tough stuff and even though confined to a wheel chair she was at the Otago Champs in November taking photos of her fellow competitors. Bella has not yet been able to return to her day time job as a bathroom centre consultant and really is looking forward to being able to go riding again with her number one supporter, her Mum. She would like to thank everyone for the gifts and messages of support she received after her accident.

BELLA REPORTS FROM THE DRESSAGE OTAGO CHAMPIONSHIPS

The sun was shining, and complemented by many glowing faces at the Otago Premier League Event. Horses and riders were presented in pristine condition, showing the love and dedication put in to bring them together for the weekend. This really made for a beautiful sight. After a decision to swap the arena positions due to heavy rain in the weeks prior, everything was set to go.

The highlights of the weekend had to be the Zilco Musical Freestyles, brightening up the grounds even more with uplifting tunes. One even bought some cheerful Christmas spirit!

Dressage Otago would like to thank all the Sponsors, both local and national, who made the weekend possible as a result of their fantastic support. There were so many people who helped make the event such a success; the judges, writers, committee, musical freestyle helpers, not to forget the competitors themselves.

Overall, the weekend was an absolute delight. It was just wonderful to see so many competitors supporting each other, something that always eventuates within Dressage Otago. We hope everyone is looking forward to the next tournament!



Megan Robinson & The Statesman

RESULTS:

NZ HANOVERIAN SOCIETY AWARD L4 & ABOVE

Jackie Thomas & Sartorial Hit SW

LEVEL 1 CHAMPION Ann McDonald & Sands of Time
RESERVE Sonja Swale & Gusto Dracaena

LEVEL 2 CHAMPION Kristen Anderson-Strang & Saint Emilion
RESERVE Kim Maude & Cortina

LEVEL 3 CHAMPION Wendy Butler & Sisters II Whitney H
RESERVE Rebecca Kerr & Golden Strike

LEVEL 4 CHAMPION: Jackie Thomas & Sartorial Hit SW
RESERVE Sharon Templeton & TL Latanya

LEVEL 5 CHAMPION: Rebecca McKee & Solo
RESERVE Kerryn McLean & Lavetta

LEVEL 6 CHAMPION Fiona Sharp & New World Finesse
RESERVE Agnes Irwin & Glamorgan Rhythm 'n' Blue

LEVEL 7 CHAMPION Jackie Thomas & Te Peka Liselott

LEVEL 8 CHAMPION Joy White & Gammon KS
RESERVE Gillian Edgar & Cordacious

LEVEL 9 CHAMPION Barbara Chalmers & Rossellini
RESERVE Mura Love & J.L Champs Elysee'



Gillian Edgar & Cordacious



WHICH EVENTS AND SERIES ARE FOR YOU THIS SEASON?



BATES NATIONAL CHAMPIONSHIPS: MANFEILD PARK 14-17 FEB 2019

Includes a CDI3*, CDI 2*, CDIY, Young Horses, Bates National Open Championships from levels 1-9, National Amateur Championships from levels 1-5

NATIONAL AMATEUR CHAMPIONSHIPS AT THE BATES NATIONALS

Amateur Championships at Levels 1 to 5 will be held at the Bates National Dressage Championships as separate classes. Eligibility is based around rider categories and horse grades. Qualification for the Championships will be at Regional Events with the same qualification for both championships. The term "Amateur" is connected to rider category status and bears no reference to the term amateur vs professional in terms of earning income in the sport. Amateur Riders are C5 and below (ie - not more than 15pts in level 6)

Amateur Championships Sponsors for 2019 are Dunstan HorseFeeds (Level 1), JLT Insurance (Level 2), Livamol (Level 3), Back on Track (Level 4) and Level 5 HorseArenas NZ



QUALIFICATIONS FOR OPEN & AMATEUR CHAMPIONSHIPS

Combination of horse and rider must attain one qualifying score as set out below at the championship level entered at a Premier League or Island Championship between 1st January 2018 and date of close of entries.

Qualification after date of close of entries. Riders who intend to qualify at Premier League or Island Events after close of entries must still enter by the closing date and notify Event Secretary of qualification within 48 hours of achieving qualification. Levels 1-2: 63% and over | Levels 3-5: 60% and over | Levels 6-7: 57% and over

Level 6, 7, 8, 9 Championships:

Under special conditions, grading points at date of close of entry (18th January 2019)

Young Horse Championships: No prior performance qualification. Age verification only

LIVAMOL FEI WORLD DRESSAGE CHALLENGE 2019 FRIDAY 5 APRIL MCLEANS ISLAND NEC

Dressage NZ again welcome IAH Livamol as the new naming rights partner for the 2019 FEI World Dressage Challenge. Schedule will be available and nominations will be open Equestrian Entries from 1 February 2019. More detail to follow when available from the FEI.

ELITE EQUINE YOUNG DRESSAGE HORSE CHAMPIONSHIPS

The purpose of the competitions are to select the best young horse which is progressing on the correct way of training, with the potential to capably perform at International Dressage level. The Elite Equine National Young Horse Dressage Championship & Age Group Championships will be held at the Bates National Championships 14 -16 Feb 2019 at Manfeild Park. Elite Equine are also naming rights sponsors of the NI Young Horse Festival at Taupo NEC April 11/12 2019



HORSE OF THE YEAR - DRESSAGE SECTION 2019

Title Classes Eligibility 2019: (Graded competitions only)		
From 1 Sept 2018 – 3 Feb 2019 plus Bates NCH (13 -17Feb) for Grand Prix & CDIY Horses only		
Level	MES	Event Classification (Graded competitions only)
Level 1 Horse	65%	Premier League L1 or Zilco L2
Level 2 Horse	64%	Premier League Zilco L2
Level 3 Horse	64%	Premier League Zilco L3
Level 4 Horse	64%	Premier League Zilco L4
Level 5 Horse	60%	Premier League Zilco L5
Level 6 Horse	60%	Premier League PSG, 6B, FEI YR IND Test
Level 7 Horse	60%	Premier League Int1, 7A or 7B
Level 8 Horse	58%	Premier League Int A, Int B or Int II
Grand Prix (FEI 3* & Nat)	58%	Premier League GP or GPS
CDI Y (FEI Young Rider)	60%	Premier League: 6B, FEI YR Test, PSG or Int I
Title & Non-Title Pony Classes Eligibility (Graded competitions only)		
Level 1 Pony	60%	Any graded competition
Level 2 Pony	60%	Any graded competition
Level 3 Pony	60%	Any graded competition
Pony of the Year (L4) (L3 & above)	60%	Any graded competition

Non-title classes Horses Eligibility 2019: (Graded competitions only)		
Level 1 Horse	65%	Premier League
Level 2 Horse	64%	Premier League Level 2 or Zilco L2
Level 3 Horse	64%	Premier League Level 3 or Zilco L3
Level 4 Horse	64%	Premier League Level 4 or Zilco L4
Young Dressage Horse Classes		
No prior qualification. Proof of age of horse must be supplied with entry. ESNZ ID papers will be accepted but must be signed by a veterinarian		



EQUESTRIAN ENTRIES NZ U25 NATIONAL DRESSAGE CHAMPIONSHIPS APRIL 13/14 - TAUPO NEC

Featuring the Hyland Pony Championship & Waldebago Young Rider Championship, York Corporation Inter-Island Team Challenge and the final round of the AMS Saddlery Pony & Young Rider Performance League.. No prior qualification required.

Entries only on www.equestrianentries.co.nz



SERIES SUPER 5 DRESSAGE LEAGUE

We welcome back all Super 5 League sponsors for the 2018-19 season

The 2018-19 Super 5 League comprises a points series in each island at all graded Levels 1-9 (top 5 points only to count) plus an island final at both the South Island Festival of Dressage and the Bates National Championships. National Super 5 rankings will be determined from % in each level at both these events.

Tests used for Super 5 League at Premier League Events: Levels 1 to 5 - C Tests, Level 6 - FEI PSG v 2018, Level 7 - FEI Intermediate I v 2018, Level 8 FEI Intermediate B v 2018, Level 9 Regional Events - FEI Intermediate II, Grand Prix or Grand Prix Special 2018. South Island Festival of Dressage & Bates National Championships SRS Final - FEI Intermediate II 2018.

Points table managed directly by Dressage NZ



ZILCO MUSICAL FREESTYLE SERIES

The crowd pleasing Zilco Musical Freestyle Series will be a feature again this season. A change for this season will see the small tour levels divided into separate Level 6 and 7 Leaderboards. The Level 6 will use the FEI Young Rider Freestyle and Level 7 will use the FEI Intermediate I Freestyle. Go to the FEI web site for guidelines for these tests.

https://inside.fei.org/system/files/FEI%20Freestyle%20Directives%20for%20Judges_final-19.04.2017.pdf

The competition comprises two Island Series contested at Premier League Events (Top 5 scores to count). The North Island Series completes at the Horse of the Year Show and the South Island Series completes at the South Island Festival of Dressage. The series includes Levels 2 to 9. Points table managed directly by Dressage NZ

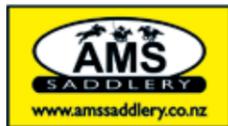


PRESTIGE EQUESTRIAN DRESSAGE FUTURES PRIZE

The Prestige Equestrian Futures Prize will be awarded to the best performed combination competing in the Super 5 League at Premier League Events from 1 September 2018 – 28 February 2019 and meeting the following eligibility conditions.

4 -10 year old horses competing at Levels 1 - 7 with riders who have no grading points in Level 8 or above on any horse. The prize is a fabulous Prestige Saddle. (Riders may only win the saddle prize once)

Points table managed directly by Dressage NZ



AMS SADDLERY PONY & YOUNG RIDER PERFORMANCE LEAGUE

AMS Saddlery Pony & Young Rider Performance League aims to increase participation at a Pony & Young Rider level and to establish a culture where these riders compete against their peers of a similar age and experience. Scores will be taken from Super 5 tests in every level at Premier League events. Points are allocated to top 5 placed eligible Pony or Young Rider in each class. The league will culminate at the U25 NZ Pony & Championships in April 2019. Competitors must be 20 years or under at 1 August 2018 to participate. AMS League winner to receive a fabulous dressage saddle prize generously sponsored by AMS Saddlery (Auckland). Points table managed directly by Dressage NZ

TOP TEN LEAGUES

Entries for all Top Ten Leagues are now closed. Follow the results on www.equestrianentries.org.nz

Riders love the Top Ten Leagues for a number of reasons but the biggest draw card is that they can simply enter online with no fee attached and then can see how their performances are stacking up against other riders in the same league and category from throughout New Zealand. And then of course there is the chance to win stylish sponsor rosettes at area level and fabulous sashes and rugs at national level

All Top Ten Leagues accrue points from 1/8/18 - 30/4/19

All Points: 57 – 59.99% =1pt; 60 - 62.99%=3pts; 63 - 66.99%=5pts; 67 - 69.99%=7pts; >70% =10pts



THE STERLING WARBLOODS SMALL STARS TOP TEN LEAGUE

Important note: Entries are now closed but the deadline for height certificates to be submitted is now 20 January 2019. No further extension will be permitted after these dates



FLYING HORSE NZ MASTERS

For riders at least 50yrs on 1 Jan 2018 on horses or ponies

Pewter (Area and National) For CN – C2 Riders on horses competing at Level 1 & above

Bronze (Area and National) For C3 & C4 Riders on horses on competing Level 1 & above

Silver (Area and National) For C3 & C4 Riders on horses competing at Level 3 & above

Gold (Area and National) For C5 - C9 Riders on horses competing at Level 1, 2 & 3

Platinum (Area and National) For C5 - C9 Riders on horses competing at Level 4 & above



EQUISSAGE AMATEUR TOP TEN LEAGUE

The competition is open to riders 21yrs at 1/8/18 and over and is run in four National divisions plus special awards, with twenty area winners.

Bronze Area & National Level 1 Riders CN - C3 at 1/8/2018

Silver Area & National Level 2 Riders CN - C4 at 1/8/2018

Gold Area & National Level 3 Riders CN - C5 at 1/8/2018

Platinum Area & National Level 4 Riders CN - C5 at 1/8/2018

Newcomer (First year member) Rider no grading points in Dressage prior to 1/4/2018

Island Hi-Points Award Highest Score in each Island

Amateur Owner Horse with zero grading points at date of purchase by current owner and may not have earned any grading points with any other rider at any time.



EQUIZEE PONY & YOUNG RIDER AMATEUR TOP TEN LEAGUE

Ponies: Riders 16yrs and under at 1/8/18

Pony Bronze: Level 1 ponies Riders CN – C3 at 1/8/2018

Pony Silver: Level 2 ponies Riders CN – C4 at 1/8/2018

Pony Gold: Level 3 & 4 ponies Riders CN – C5 at 1/8/2018

Horses: Riders must turn at least 12yrs during 2018, and be 20yrs or under at 1 August 2018/9

Horse Bronze: Level 1 horses. Riders CN – C3 at 1/8/2018

Horse Silver: Level 2 horses. Riders CN – C4 at 1/8/2018

Horse Gold: Level 3 & 4 horses. Riders CN – C5 at 1/8/2018

Top Score Rider North Island 12yrs & under at 1/8/18

Top Score Rider South Island 12yrs & under at 1/8/18

Newcomer ESNZ graded Dressage rider. Must have never earned any dressage grading points on any horse or pony prior to 1/4/18



WHAT'S ON

JANUARY 2019 SOUTH ISLAND		
12/13	Nelson Area Richmond Roast House Championships	Local
12/13	Southland Summer	Local
20	Day one NLEC Summer Series	Local
25/27	South Island Festival of Dressage & SI Championships	Premier League
FEBRUARY 2019 SOUTH ISLAND		
9/10	Dressage Otago Tournament	Local
16/17	Southland Autumn	Local
17	Day Two NLEC Summer series	Local
23/24	SCNO Dressage Summer Championship Tournament	Local
24	Northern Equestrian Group Training	Training
DECEMBER 2018 NORTH ISLAND		
15/16	Northland Premier League Show	Back on Track Premier League
15/16	Taihape Xmas Championships	Back on Track Premier League
16	Auckland-Manukau Dressage Group	Local
16	Dressage Waikato	Local
16**	Warkworth Dressage Local Day CANCELLED	
JANUARY 2019 NORTH ISLAND		
11/13	WEVC Dressage Taranaki Premier League Event	Back on Track Premier League
13**	Warkworth Dressage Local Day - **Changed from 20th Jan	Local
18/20	Auckland-Manukau Dressage Group Championship	Back on Track Premier League
19/20	Wairarapa Dressage Championships	Back on Track Premier League
28	Dressage Waitemata Summer Series #1	Local
28	Rotorua Anniversary Day Show	Local
FEBRUARY 2019 NORTH ISLAND		
2/3	Wide Span Sheds Waikato Premier League	Back on Track Premier League
10	Dressage Tauranga	Local
10	Dressage Waitemata Summer Series #2	Local
10	Dressage Northland	Local
10	Wellington Summer Series	Training
13/17	Bates NZ National Dressage Championships Para National Championships	Back on Track Premier League & National Championships
17	Taupo Dressage Group	Training
23	Gisborne Dressage Summer Tournament	Local



PREMIER LEAGUE CALENDAR 18/19

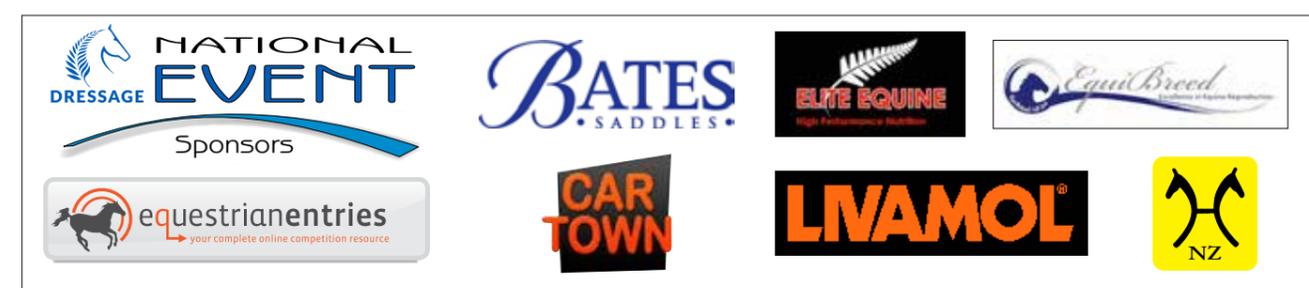


DECEMBER 2018	
15/16	Northland Premier League Show
15/16	Taihape Xmas Premier League
JANUARY 2019	
12/13	Dressage Taranaki Premier League
18/20	Auckland-Manukau Premier League
19/20	Wairarapa Dressage Premier League
25/27	South Island Festival of Dressage Premier League
FEBRUARY 2019	
2/3	Waikato Premier League
13/17	Dressage NZ National Championships
MARCH 2019	
12/17	Land Rover Horse of the Year Premier League (Zilco only)
APRIL 2019	
11/14	North Island Future Stars & U25 National Championships

APOLOGY - Bay of Plenty Championships Results (Nov issue) a couple of important results were missed from this event

Congratulations to Grade 5 Para riders Champion: Jo Jackson & JD Flash Reserve: Chelsea Burns & Prestige Pete

For more details of each event & venue, and contact details go to www.nzequestrian.org.nz/dressage/competition/calendar





DRESSAGE

DRESSAGE DIRECTORY

Dressage Area Group Websites and other useful links.

Equestrian Sports NZ/Dressage

www.nzequestrian.org.nz/dressage
www.facebook.com/DressageNZ
www.facebook.com/EquestrianSportsNZ
www.facebook.com/DressageNZU25Championships
www.facebook.com/StableoftheStallions

Dressage Bay of Islands

www.sporty.co.nz/bayofislandsdressagegroup

Dressage Northland

www.sporty.co.nz/dressagenorthland

Dressage Waitemata

www.dressagewaitemata.co.nz

Dressage Warkworth

www.warkworthdressage.webs.com

Dressage Auckland - Manukau

www.amdg.org.nz

Dressage Waikato

www.dressagewaikato.co.nz

Dressage Morrinsville -Te Aroha

www.mtdg.co.nz

Dressage Gisborne

www.gisbornedressage.org.nz

Dressage Bay of Plenty

www.dressagebayofplenty.co.nz

Dressage Eastern Bay of Plenty

www.sportsground.co.nz/ebd

Dressage Rotorua

www.sporty.co.nz/dressagerotorua

Dressage Tauranga

www.dressagetauranga.co.nz

Dressage Taupo

www.sporty.co.nz/taupodressagegroup

Dressage Northern Hawkes Bay

www.sporty.co.nz/dressagenhb

Dressage Central Hawkes Bay

www.sportsground.co.nz/chbdressage

Dressage Southern Hawkes Bay

www.sportsground.co.nz/shbdressage

Dressage Central Districts

www.sportsground.co.nz/dressagecentraldistricts

Dressage Taranaki

www.dressagetaranaki.co.nz

Dressage Wellington

www.dressagewellington.org.nz

Dressage Horowhenua

www.horowhenuadressage.com

Dressage Wairarapa

www.dressagewairarapa.com

Dressage Nelson

www.nelsondressage.webs.com

Dressage Marlborough

www.sporty.co.nz/marlboroughdressage

Dressage Canterbury

www.canterburydressage.co.nz

Dressage Otago

www.dressageotago.webs.com

Dressage Southland

www.dressage-southland.com

National Equestrian Centres

www.nzequestrian.org.nz

Tielcey Park Equestrian Centre

www.tielceypark.co.nz (Manawatu)

Northern Equestrian Group

www.freewebs.com/northerneq (North Canterbury)

North Loburn Equestrian Centre

www.nlec.co.nz (North Canterbury)