

Welcome to a Ruahine Endurance Club ride

We are offering Competitive Trail Riding (CTR) and Endurance classes at this ride. There is a difference between CTR and Endurance and we've made a few notes to help you on your way to enjoying this very addictive sport.



Important Points for both classes

	CTR Class	Endurance
Horse age	Must be at least 4 y.o.	Must be at least 4 y.o.
Prohibited items	Whips and spurs	Whips and spurs
Helmet – meet current ESNZ/NZPCA standard	Yes	Yes
Numbered Bib – to be worn to vet area and during the ride	Yes	Yes
Footwear – safe riding footwear with a heel of 12mm or more, or caged stirrups	Yes	Yes
GPS or Mobile phone tracking app	No	Yes
Heart rates <ul style="list-style-type: none"> • Pre ride • Over the finish line • Post ride (must be 64 beats per minute [bpm] or lower) 	Yes Yes Must be within 30 mins of finishing ride – lower HR is best for points	Yes No Must be within 30 mins of finishing ride – no benefit to HR being much lower than 64
Time Wasting <ul style="list-style-type: none"> • Allowed to stop to adjust gear, gates, toilet, water 	Forward momentum at all times, no grazing, weaving, zig zagging or circling	Able to let horse graze
Class start time	At designated ride out time	Up to 15 minutes after designated class start time
Timing	Optimum time – penalties for being early and late	Minimum and maximum times given, no optimum time and no benefit to going faster
Elimination <ul style="list-style-type: none"> • Heart rate over 64 bpm at final vetting • Late to vet area post ride • Course error • Lamé horse • Metabolic reasons • Breaking any other rules 	<ul style="list-style-type: none"> • Ride time over 60 minutes past your due in time • Ride time more than 30 minutes faster than due in time 	<ul style="list-style-type: none"> • Arriving before the minimum time • Exceeding the maximum time

Please if you have any questions feel free to talk with any member of the club (or in fact anyone who looks like they know what they are doing).

Prior to the ride

- Enter online and pay entry fee (we will refund if you are not able to attend)
- Get your horse used to what will happen during the veterinary inspection
 - The vet will need to look in the horse's mouth
 - You will need to be able to trot your horse out and back in a straight line and on a loose lead (you're not allowed to hit your horse with the lead rope or with your hand to make it trot but you can make encouraging noises)

What to do on the day

- Aim to get to the ride base about an hour before the start of your class
- Enter at the entries table (truck or float) normally close to the vetting area
 - Fill in entry form and pay if not already done online
 - Fill in day vet card, ride secretary will help you if needed, collect your rider bib
 - CTR ride out times will be given by the ride secretary
- Present your horse to the vetting area (wear your rider bib)
 - No bridle or saddle
 - Hand vetting card to vet writer, you will then collect this card after your ride
 - Horse will be checked, you will trot out (loose rein) and if passed, go and tack up
- Ride briefing
 - Normally 15 minutes before ride out time, compulsory to attend. CTR classes will have one briefing before the first ride out time, if you miss this then please see ride secretary for advice
- Ride out at allocated time and follow markers – you must be on your horse as you cross the start line
 - You may dismount to stretch your legs and lead your horse but no grazing for CTR classes
- Control area
 - Must remain mounted at all times and across the finish line
- Finish line
 - CTR classes horse heart rate taken immediately over the line
 - You must remain mounted and keep your horse moving until called by the vet
 - Endurance classes go straight to your vehicle
- Post ride
 - Strapping
 - Untack your horse and wash/cool it down - don't let it get too chilled though
 - Vetting
 - No bridle or saddle
 - 30 minutes (or before) after ride finishes you must present to the vetting area
 - Check your horse's heart rate before entering vetting area (there will be others around who can help with this if needed)
 - Must be below 64
 - Vetting area – A vet will take your horses' heart rate, you will then do a trot up, and other parameters will be checked, vet will advise if you have completed successfully or not
 - Vet day cards are kept by the vetting team and can be collected from the ride secretary after the class has completed
- Prize giving
 - Normally once all classes have finished, ride committee may choose to do prize giving early for classes 20km and below
 - You will receive your day vet card and a qualifier ribbon (for those who qualified)

We hope you enjoyed your day, see you at another ride.