

### **IMPORTANT TO NOTE**

Please note that Equestrian Sports New Zealand (ESNZ) is not an expert on pandemics and as such all <u>New Zealand Government</u> and <u>Ministry of Health</u> information, guidelines and directives supersede this information. This document has been put together by Equestrian Sports NZ, with the purpose of informing our equestrian community how we are responding to Covid-19, and to provide recommendations for what we believe is the best course of action for all equestrian area groups/clubs, facilities, officials and members.

This document will change frequently. We will monitor the government Alert Levels as we move back up or down to 3, 2 and 1, and if there is more flexibility for activities such as equestrian, we will be sure to update these recommendations in line with government advice.

All equestrian area groups/clubs need to consider their own situations at any given time. An area group/club's decision on whether to allow training or competition needs to be based on the situation in your local area at the time. The Government has released Alert Levels which can differ by region at any one time, so the location of your area group/club could be under specific direction of the Government.

### IS YOUR AREA GROUP/CLUB OR ORGANISING COMMITTEE PLANNING ON HOLDING AN EVENT?

If your Area Group/Club or Organising Committee is holding an event, it must meet all Level 2 requirements, such as:

#### Gatherings

- Equestrian Sports NZ events are subject to gathering requirements and have a 100-person limit indoors and outdoors, this includes players and spectators. Staff, officials and other volunteers providing services to an event are not included in the 100 people.
- Multiple gatherings can take place at the same event or facility as long as the following conditions are met <u>see</u>
   ESNZ and Pony Club Covid advice at level 2.
- **Face Coverings** must be worn in indoor sport and recreation facilities and where physical distancing of 2 metres is not possible outdoors. Face coverings should be worn when visiting the secretary's office.
- **Record Keeping** a system to record and retain the contact details of all people involved in or attending your activity is legally required. This information must remain accessible on request for up to eight weeks after the event.
- QR Code Help people keep track of where they've been by displaying an NZ COVID Tracer QR code poster.
- Cleaning and Hygiene Robust hygiene measures, particularly regular washing and drying of hands by all participants must be undertaken, and hand sanitizer made available at convenient locations throughout the venue. Regular sanitizing of equipment and surfaces must be undertaken. As a guideline this should take place at the beginning of the event and approximately every two hours every for the duration of the event, and again at the end.

If you are unsure about any of the requirements or wish to discuss your event plans, please contact your Discipline Sport Manager who can assist you. Sport Manager contacts can be found on the ESNZ website: https://www.nzequestrian.org.nz/esnz/about-esnz/our-people/esnz-team/

### **LEVEL 2 TOOLKIT**

A level 2 toolkit is available to assist Area Groups/Clubs and Organising Committees with navigating Level 2 requirements and can be found on the ESNZ website: <a href="https://www.nzequestrian.org.nz/level-2-tool-kit/">https://www.nzequestrian.org.nz/level-2-tool-kit/</a>

### **LEVEL 2 CHECKLIST**

If you are unsure if your Area Group/Club or Organising Committee can meet Level 2 requirements, our Level 2 checklist may be of assistance in determining if you are prepared and ready to hold an event. The checklist can be found in the Level 2 Toolkit.

#### **CURRENT ALERT LEVELS - UPDATED 21.10.21**

Northland is at Alert Level 2.

Auckland is at Alert Level 3 – Step 1 with some restrictions eased. This will be reviewed on 1 November 2021.

Parts of Waikato are at Alert Level 3. These include:

- Waitomo District, including Te Kuiti
- Waipa District
- Ōtorohanga District
- Raglan
- Te Kauwhata
- Huntly
- Ngāruawāhia
- Hamilton City and some surrounding areas

Waikato settings will be reviewed on 27 October 2021.

The rest of New Zealand is at Alert Level 2.

#### OTHER USEFUL LINKS AND RESOURCES

- Government Alert System
- MPI Alert System and information for animal welfare
- Sport New Zealand Alert System
- High Performance Sport NZ Alert System
- ESNZ Covid19 Updates
- Covid19 posters and social media images
- Online Entry Providers
  - o **Equestrian Entries**
  - o <u>Main-Events</u>
- Level 2 Toolkit
- Instructions for creating a QR code

All of these links can also be found on the ESNZ website under our Covid19 updates page.

Northland is at Alert Level 2. Auckland is at Alert Level 3 – Step 1 with some restrictions eased. Parts of Waikato are at Alert Level 3. The rest of New Zealand is at Alert Level 2.

Alert Level	Range of Government Measures (can be applied locally or nationally)	Equestrian Sports NZ Measures Undertaken	Equestrian Sports NZ Recommendations for Area Groups/Clubs	Equestrian Sports NZ Recommendations for National Equestrian Centres (Christchurch & Taupo) and other Event Centres	Equestrian Sports NZ Recommendations for ESNZ Members and Equestrian Community
Likely that disease is not contained  Risk Assessment  There is sustained and intensive community transmission.  Outbreaks are widespread.	<ul> <li>Stay home in your bubble.</li> <li>No travel is allowed except for necessities or to undertake safe recreational activities. You must work and learn from home.</li> <li>No gatherings are allowed. All public and education facilities close.</li> <li>If you work for an Alert Level 4 business or service and you have no available options for childcare, you can extend your household bubble to include a carer for your children.</li> <li>Businesses must close except for necessities (for example, supermarkets, pharmacies, petrol stations) and lifeline utilities.</li> <li>Green grocers, butchers, bakeries, and fishmongers can sell uncooked food items online and must deliver all orders.</li> <li>You legally must wear a face covering in some settings. It is recommended you wear a face covering whenever you leave the house.</li> <li>Rationing of supplies and requisitioning of facilities as well as reprioritisation of healthcare services is possible.</li> <li>Members of a household or shared bubble may view or accompany the deceased in a funeral home, cemetery or faith-based institution subject to strict conditions.</li> </ul>	<ul> <li>The ESNZ office is closed         Staff are working from home         and any business is being         conducted online or by phone</li> <li>No ESNZ High Performance,         Performance or Squad         training is taking place.         Training at home only         HP personnel providing online         training sessions and         professional services</li> <li>No equestrian         competitions/rides are         taking place (either         cancelled or postponed)         To be reviewed in line with         Government guidelines and         directives.</li> <li>Meetings, workshops or events         are not taking place (unless an         online option can be held).</li> <li>No international or domestic         travel or staying in any hotels         (outside of local area) for ESNZ         staff and athletes.</li> </ul>	<ul> <li>No equestrian competitions are taking place (either cancelled or postponed)         To be reviewed in line with Government guidelines and directives.     </li> <li>All area group/club facilities and centre's closed.</li> <li>Area group/clubs Meetings are not taking place (unless an online option can be held).</li> <li>All staff or volunteers should work from home.</li> </ul>	<ul> <li>No equestrian competitions are taking place (either cancelled or postponed)</li> <li>To be reviewed in line with Government guidelines and directives.</li> <li>Both National Equestrian Centre's closed.</li> <li>All staff or volunteers should work from home.</li> <li>Grounds staff can undertake grounds work at the venue if maintaining social distancing requirements and hygiene requirements. No Working Bees however.</li> <li>NEC Committee Meetings are not taking place (unless an online option can be held).</li> <li>Any POP campers onsite at time of any lockdown will be able to stay onsite under level 4 restrictions.</li> </ul>	<ul> <li>Everyone is being encouraged not to ride in order to reduce the pressure on emergency services in case of an accident.</li> <li>If you are continuing to ride, only ride your horse within the boundaries of the property where it's kept. Don't transport your horse by float to ride somewhere else.</li> <li>If your horse is based at a grazing facility or stables and the owner of the facility caring for your horse is happy to do so while we are at Alert Level 4, stay at home.</li> <li>If your horse is based at a grazing facility or stables and the owner of the facility is not happy or willing to care for your horse, then travel to look after your horse/s is allowed as long as all necessary health measures are followed such as: <ul> <li>Wash hands before and after.</li> <li>Only do the minimum i.e. feed and muck out.</li> <li>Keep visits brief</li> <li>Use own grooming kit, tack and equipment.</li> <li>Set up a roster or facebook group if there are others who access the same grazing</li> <li>Only ride within that property with the landowner's permission.</li> </ul> </li> <li>No equestrian competitions are taking place (either cancelled or postponed) <ul> <li>To be reviewed in line with Government guidelines and directives.</li> </ul> </li> <li>Both National Equestrian Centre's closed.</li> <li>All Riding Schools and Centre's closed.</li> <li>Vets and Farriers are classed as essential services but only for emergencies. Not any routine work. However, if the treatment is considered essential to maintain the welfare of the animal during the lockdown period, then a farrier should be called. Farriers will need to register as an essential business.</li> <li>Coaches and trainers should work from home and use online and video conferencing facilities to deliver their coaching and training. The exception to this rule is if the coach/trainer is providing services to a rider/s already within their self-isolation group or "bubble".</li> <li>All other equestrian related business, physios, saddle fitters etc are classes as n</li></ul>

Northland is at Alert Level 2. Auckland is at Alert Level 3 – Step 1 with some restrictions eased. Parts of Waikato are at Alert Level 3. The rest of New Zealand is at Alert Level 2.

Alert Level	Range of Government Measures (can be applied locally or nationally)	Equestrian Sports NZ Measures Undertaken	Equestrian Sports NZ Recommendations for Area Groups/Clubs	Equestrian Sports NZ Recommendations for National Equestrian Centres (Christchurch & Taupo) and other Event Centres	Equestrian Sports NZ Recommendations for ESNZ Members and Equestrian  Community
Level 3 - Restrict  Medium risk of community transmission — active but managed clusters.  Risk Assessment  • There are multiple cases of community transmission. • There are multiple active clusters in multiple regions.	<ul> <li>Stay home and keep your bubble small. You can expand to reconnect with close family/whānau, enable caregiving, or support isolated people. This extended bubble legally must remain exclusive.</li> <li>Travel is still restricted, so stay local. Interregional travel is highly limited with limited permissions. You can travel for work, school, to pick up necessities and goods purchased in a contactless way or undertake low-risk recreational activities. Work and learn from home if you can.</li> <li>Only people who cannot work from home should return to businesses that can safely open under Alert Level 3.</li> <li>You legally must wear a face covering in some settings. It is recommended you wear a face covering whenever you leave the house.</li> <li>Gatherings of up to 10 people are allowed for weddings and civil union ceremonies, funerals and tangihanga (exclusive of staff). Up to 5 staff may be present. Food and drink can be served to seated guests. Physical distancing and record keeping are legally required.</li> <li>When you leave home, keep a 2-metre distance from others when in public or 1-metre in controlled environments like workplaces, where practical.</li> <li>Customers are only allowed inside specific businesses: supermarkets, banks, primary produce retailers, pharmacies, petrol stations or hardware stores providing goods to trade customers, or if it is an emergency or critical situation.</li> <li>Other businesses can open if they trade in a contactless way.</li> <li>Public facilities remain closed. Early childhood centres and schools will open for students up to Year 10 for those who cannot learn from home.</li> <li>Healthcare services should use virtual, noncontact consultations where possible.</li> <li>People at high risk of severe illness, such as older people and those with existing medical conditions, are encouraged to stay at home where possible, and take additional precautions when leaving home. You may choose to work.</li> </ul>	<ul> <li>The ESNZ office is closed         Staff are working from         home and any business is         being conducted online or         by phone</li> <li>No equestrian         competitions/rides are         taking place (either         cancelled or         postponed)         To be reviewed in line         with Government         guidelines and         directives.</li> <li>Meetings, workshops or         events are not taking         place (unless an online         option can be held).</li> <li>No international or         domestic travel or staying         in any hotels (outside of         local area) for ESNZ staff         and athletes.</li> </ul>	<ul> <li>No equestrian competitions are taking place (either cancelled or postponed).</li> <li>All area group/club facilities and centre's closed.</li> <li>For Auckland Level 3 – Step 1 only:         <ul> <li>People can now meet with other people from up to 10 households at a time for organised group activities (including riding lessons and Pony Club) as long as this is outside, and the total number of people is not greater than 10. Physical distancing must be maintained between people from different households at all times. Multiple lessons can be held each day as long as they are outside and do not exceed 10 people. That means personal trainers and professional coaches can now carry out in person coaching as long as it is outdoors, involves a maximum of 10 people (including the coach/instructor), and physical distancing is maintained.</li> <li>While people can now also engage in a wider range of other recreation activities (with a maximum of 10 people) it is recommended that these activities are limited to 1 household only.</li> <li>Grounds staff can undertake grounds work at the venue if maintaining social distancing requirements and hygiene requirements. No working bees.</li> </ul> </li> </ul>	<ul> <li>No equestrian competitions are taking place (either cancelled or postponed)  To be reviewed in line with Government guidelines and directives.</li> <li>Both National Equestrian Centre's closed.</li> <li>All staff or volunteers should work from home.</li> <li>Grounds staff can undertake grounds work at the venue if maintaining social distancing requirements and hygiene requirements. No Working Bees however.</li> <li>Private facilities (e.g. halls, toilets, showers) cannot open except for use by workers (with appropriate public health measures in place).</li> <li>Any POP campers onsite at time of any lockdown will be able to stay onsite under level 3 restrictions.</li> </ul>	<ul> <li>General advice:</li> <li>Horse riding (away from private land) is a recreational activity and allowed under Alert Level 3. The key messages are, keep it low risk, remain within your current abilities and don't pick up new activities or discipline.</li> <li>Travel and Transport</li> <li>Travel should be restricted to permitted movement in your local area, for example going to work or school, shopping, or getting exercise. Travel to your nearest park or beach, not your favourite one. And if you don't usually take your horse to the beach now is not the time to expose yourself or your horse to any risk.</li> <li>You should not travel to another region for recreation or work unless you're an essential worker travelling for work.</li> <li>You should not take a flight to another region unless you're an essential worker, travelling to do essential work.</li> <li>Public transport can continue to operate with strict health and safety requirements. You should maintain physical distancing and wear a mask.</li> <li>It is important that you ride in a local area, which you can do safely, and which does not involve interacting with other people from outside your bubble, or equipment touched by other people.</li> <li>Now is not the time to take up new activities, or expose yourself to any risk that would put pressure on emergency services in case of an accident. The key messages are to use your common sense, stay local and stay safe.</li> <li>Group activities with anyone outside your bubble are not allowed.</li> <li>Travel to care for your horsely, is allowed. However, all necessary health measures will need to be followed such as:  <ul> <li>Use own grooming kit, tack and equipment.</li> <li>Set up a roster or facebook group if there are others who access the same grazing and limit visits to what is essential.</li> <li>Only ride within that property with the landowner's permission.</li> <li>Farriers can operate, as long as general public health measures are followed.</li> <li>Horse care services/paraprofessionals (incl</li></ul></li></ul>

Advice for Auckland and parts of Waikato:
Auckland, Northland and parts of Waikato are at Alert Level 3. For some
recreation activities, there are different restrictions for Auckland, and Waikato
and Northland.
Do not go out to exercise if you have cold or flu symptoms, or if you have been
asked to isolate.
Even if you have been vaccinated, you still need to follow the rules to keep
everyone safe.
Advice for Auckland:
At Alert Level 3 – Step 1, Aucklanders can travel anywhere within the Auckland
region for outdoor exercise and recreation. You cannot stay overnight at your
bach, holiday home or at a campground. You also cannot travel to Waiheke Island
or Great Barrier Island (Aotea Island) for recreation unless you are a resident
there.
All recreational activities must be day trips only.
People in Auckland can now participate in a wider range of recreation activities
that were previously not permitted at Alert Level 3. This includes horse riding - if
you are an experienced rider and it is low risk.

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Reduce  Low risk of community transmission within applied area.  Risk Assessment  There could be limited community transmission. There are active clusters in more than 1 region.	<ul> <li>You can connect with friends and whānau in person, socialise in groups and go shopping and travel domestically, if following public health guidance.</li> <li>You can return to the place where you work or learn but alternative ways of working are still encouraged.</li> <li>Businesses, schools, early learning services, tertiary education providers and public facilities, such as museums, libraries and pools can now all open with additional health measures in place.</li> <li>Hospitality businesses legally must keep groups of customers separated and seated, with a maximum of 100 people in a defined space.</li> <li>Event facilities, including cinemas, stadiums, concert venues and casinos, can open. Physical distancing of 1 metre must be applied — this will determine the maximum capacity of the event.</li> <li>Health and disability care services can operate as normally as possible.</li> <li>Keep 2 metres apart from people you do not know in public and places like retail stores, libraries, gyms, and museums.</li> <li>Keep 1 metre apart from people in other places like office buildings and factories, and in places where there is a cap on numbers, like cinemas and hospitality.</li> <li>People at higher risk of severe illness from COVID-19 (for example, those with underlying medical conditions, especially if not well-controlled, and older people) are encouraged to take additional precautions when leaving home, unless fully vaccinated. You may work, if you agree with your employer that you can do so safely.</li> <li>Sport and recreation activities are allowed, subject to conditions on gatherings, record keeping, and – where practical – physical distancing. Gyms — 2m physical distancing; outdoor teams sport — no physical distancing.</li> <li>Vou legally must wear a face covering if you are aged 12 and over when:         <ul> <li>using public transport, airplanes (including in departure points such as train/bus stations and airports) and in a taxi or ride-share</li></ul></li></ul>	<ul> <li>The ESNZ office is open.</li> <li>All ESNZ High Performance, Performance or Squad trainings are allowed to take place, but general public health measures apply.</li> <li>Competitions/rides are allowed to take place, but general public health measures apply.         <ul> <li>Equestrian Sports NZ events are subject to gathering requirements and have a 100-person limit indoors and outdoors, this includes players and spectators. Staff, officials and other volunteers providing services to an event are not included in the 100 people.</li> <li>Multiple gatherings can take place at the same event or facility as long as the following conditions are met — see ESNZ and Pony Club Covid advice at level 2.</li> <li>Mandatory record keeping and physical distancing are legally required.</li> <li>Meetings, workshops or events are allowed to take place, but general public health measures apply.</li> <li>Officials may choose to officiate, however should not feel under any obligation to do so. Those officials at high risk of severe illness (those with existing medical conditions and older officials) are encouraged to stay at home.</li> </ul> </li> </ul>	<ul> <li>Area groups/clubs allowed to offer competitions/rides, but general public health measures apply.</li> <li>Equestrian Sports NZ events are subject to gathering requirements and have a 100-person limit indoors and outdoors, this includes players and spectators. Staff, officials and other volunteers providing services to an event are not included in the 100 people.</li> <li>Multiple gatherings can take place at the same event or facility as long as the following conditions are met – see ESNZ and Pony Club Covid advice at level 2.</li> <li>Mandatory record keeping and physical distancing are legally required.</li> <li>Surfaces and equipment must be regularly cleaned and disinfected where practicable.</li> <li>Good personal hygiene practices should continue – wash and dry your hands before and after activities, cough into elbow and don't touch your face.</li> <li>Ensure your facility has extensive signage and information regarding precautions for managing COVID-19.</li> <li>Ensure your facility has an up-to-date cleaning schedule and adequate provisions to facilitate good hygiene practices. Especially changing/bathrooms and stable facilities where practical.</li> <li>Officials/Volunteers at high risk of severe illness from COVID-19 (particularly older people and those with existing medical conditions) should take additional precautions when undertaking physical activity. Do not put undue stress on Officials/Volunteers to assist with your competition/ride if they don't feel comfortable. They may choose to officiate.</li> <li>Ensure that Staff/Officials/Volunteers have access to PPE (hand sanitizer (compulsory), masks (recommended) and gloves (optional).</li> <li>Ensure that Staff, Officials and Volunteers are properly briefed on all information regarding precautions for managing COVID-19.</li> <li>Overnight camping is allowed for Equestrian Competitions/rides, but general public health measures apply.</li> <li>Food vendors allowed if physical distancing and</li></ul>	<ul> <li>The National Equestrian Centres open, but general public health measures apply.</li> <li>Equestrian Sports NZ events are subject to gathering requirements and have a 100-person limit indoors and outdoors, this includes players and spectators. Staff, officials and other volunteers providing services to an event are not included in the 100 people.</li> <li>Multiple gatherings can take place at the same event or facility as long as the following conditions are met – see ESNZ and Pony Club Covid advice at level 2.</li> <li>Mandatory record keeping and physical distancing are legally required.</li> <li>Overnight camping is allowed, but general public health measures apply.</li> <li>Officials may choose to officiate, however should not feel under any obligation to do so. Those officials at high risk of severe illness (those with existing medical conditions and older officials) are encouraged to stay at home.</li> <li>Ensure that Staff/Officials/Volunteers have access to PPE (hand sanitizer (compulsory), masks (recommended) and gloves (optional).</li> <li>Ensure NEC has extensive signage and information regarding precautions for managing COVID-19.</li> <li>Ensure NEC has an up-to-date cleaning schedule and adequate provisions to facilitate good hygiene practices.         Especially changing/bathrooms and stable facilities where practical.     </li> <li>POP campers are allowed to stay onsite, but general public health measures apply.</li> <li>Food vendors allowed if physical distancing and contact tracing can be met.</li> <li>Other Event Centres:</li> <li>There are no restrictions on the number of people that can attend an event at a venue, for example at a stadium, cinema, theatre or conference venue — as long as everyone can safely stay 1 metre apart.</li> <li>Attendees are encouraged to wear a face covering where possible — they can take it off to eat and drink.</li> </ul>	<ul> <li>Participating in equestrian sport activities is allowed, but general public health measures apply.</li> <li>Equestrian Sports NZ events are subject to gathering requirements and have a 100-person limit indoors and outdoors, this includes players and spectators. Staff, officials and other volunteers providing services to an event are not included in the 100 people.</li> <li>Multiple gatherings can take place at the same event or facility as long as the following conditions are met – see ESNZ and Pony Club Covid advice at level 2.</li> <li>Mandatory record keeping and physical distancing are legally required.</li> <li>If you are unwell or have COVID-19 symptoms you must stay home and be tested for Covid 19.</li> <li>All Riding Schools and Equestrian Centres are open, but general public health measures apply. You will need to keep 2 metres apart from others. There are no restrictions on numbers, however facilities may need to restrict numbers to help with physical distancing depending on size of facility.</li> <li>If your horse is grazing outside of your property, remember to maintain physical distancing, personal hygiene and wear a face covering if grazing with others. Comply with all rules set out by the landowner.</li> <li>Veterinary clinics can operate, as long as general public health measures are followed, however, do not take your animal to a veterinary clinic until you have contacted your Vet.</li> <li>Farriers can operate, as long as general public health measures are followed.</li> <li>Horse care services/professionals (including clippers, saddle fitters, dentistry, chiropractors etc) - can operate, but general public health measures apply.</li> <li>Horse-riding lessons can take place as long, but general public health measures apply.</li> <li>Horse-riding lessons can take place as long, but general public health measures is recommended. Coaches and trainers will need a Covid Worksafe plan.</li> <li>If you are living at Alert Level 2, you can t</li></ul>

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You legally must wear a face covering if you work:		
as a driver of a taxi or ride-share vehicle		
<ul> <li>at close contact businesses, for example barbers,</li> </ul>		
beauticians and hairdressers		
<ul> <li>in a public facing role at a hospitality venue, for</li> </ul>		
example a cafe, restaurant, bar or nightclub		
at retail businesses, such as supermarkets, shopping		
malls, indoor marketplaces, takeaway food stores		
<ul> <li>in the public areas of courts and tribunals, local and</li> </ul>		
central Government agencies, and social service		
providers with customer service counters		
at indoor public facilities, for example libraries and		
museums (but not swimming pools).		

Under level 1, ESNZ operates under the Sport NZ Alert Level 1 Plan

https://sportnz.org.nz/assets/Uploads/Play-Active-Recreation-Sport-Alert-Level-One.pdf