

Vet for CTR

Your role is to...

- Check each horse's heart rate and soundness, before the competition, to ensure that it is "fit to start", take heart rates over the line and then again for final vet inspection. Make sure horses are vetted in order of start time, or as close to as possible, unsaddled in a halter and lead rope.

Success looks like...

- A smooth day where competitors are freely bringing their horses into the vet ring area, and leaving again satisfied with how their horse was presented. Happy at the conclusion of their event and their horse is also happy and both have had a good experience.

Where to go...

- To where the CTR vet ring and start/finish line have been set up – you'll either be in the vet ring, or positioned at the finish line.

What you'll need...

- Tidy but working, casual attire, closed and sturdy footwear, stethoscope and stop watch (or phone app).

Who can answer your questions...

- The main event convenor or CTR convenor.

Instructions:

Pre-ride

- Take heart rate over 15 or 30 seconds and convert to beats per minute, should be 64 or under. If over 64 assess whether because of illness (running nose, miserable looking, etc) or over excited/anxious horse. Can request horse goes away and calms down and re-presents.
- Tell vet writer the HR and make sure they record correctly (ie have them read it back)
- Check over horse for lump/bumps/soreness and make note of any lesions – mudfever, cuts, etc as you will need to go back to this later to ascertain whether any lesions after ride are new or not.
- Horse trot 40m out and back on a loose rope in a straight line. Some unevenness (not lame) is ok, make a note of it (stiffness or slightly uneven gait).
- Tell rider horse is ok or not to compete.

Post-ride, Over the line

- Horses walk across line and stop in front of vets. Riders may dismount. The heart rate is then taken for a full 60 seconds. Tell vet writer in clear voice and have them read it back to be sure.
- These horses must take precedence over horses waiting for final vetting as the HR drops much quicker so they need to be checked asap.

Final, post-ride

- Horses must be presented no more than 30 mins after crossing finish line, lateness will result in elimination. Again must be presented unsaddled.
- Take heart rate straight away for full 60 seconds. Tell vet writer in clear voice. Must be 64 beats or less. If HR is over 64 bpm then have another "vet" or an official take it to confirm.
- Again, check over for lesions, soreness, etc and check against pre-ride notes if necessary.
- Horse trot out 40m and back on a loose rope in a straight line. Consistent lameness is elimination. Lameness must also be confirmed with another "vet" or an official.
- Tell rider if horse ok or not. Tell vet writer to write down if a vet out.

Sometimes a Heart Rate can be hard to hear. Don't be afraid to ask another vet present (or someone else authorized by the OC) to take it instead or as well as. If you are not a registered vet then you can't eliminate a horse for lameness or metabolics without consulting another "vet" or one of the officials.



Thanks for helping make this an awesome event

Vet writers for CTR

Your role is to...

- Write down horse's pre-ride, over the line, and final heart rates as per what the vet instructs.
- Make sure horses are presented unsaddled in halter and lead rope, no boots or bandages (hoof boots are ok for unshod horses). Towels and covers removed.
- Check that riders present wearing appropriate attire – no open shoes, gumboots (unless wet) or loose laces as they need to be able to run.

Success looks like...

- A smooth day where competitors are freely bringing their horses into the vet ring area, and leaving again satisfied with how their horse was presented. Happy at the conclusion of their event and their horse is also happy and both have had a good experience.

Where to go...

- To where the CTR vet ring and start/finish line have been set up – you'll either be in the vet ring, or positioned at the finish line.

What you'll need...

- Tidy but working, casual attire, closed and sturdy footwear. You will be supplied with pen and paper for recording.

Who can answer your questions...

- The main event convenor or CTR convenor.

Instructions:

Pre-ride

- Write down rider's back number and first name. Back number most important.
- Record the heart rate the vet tells you and call it back to double check as this is where mistakes can be made.
- Take note if vet thinks horse not quite 100%, may be allowed to compete or may vet out pre-ride. Write any notes down.

Post-ride, Over the line

- Write down rider's back number, rider first name if you can. Back number most important
- If there is a queue please ask those not having HRs taken to stay mounted and walk around, nearby, while waiting. They are not to dismount or loosen girths. They need to stay close so vet can take their horse's HR as soon as finished with previous horse.
- Write down heart rate that vet calls out and repeat it back to double check.

Final, post-ride

- Ask riders what time they are due and check against your clock (which will be set to time keepers clocks), riders will be eliminated for lateness
- Write down back number, rider's name
- Again, horse presented unsaddled, no boots/bandages, halter and rope only.
- Write down heart rate called out by vet and repeat back.
- Write down anything vet asks (ie lesions). Write down if horse lame and vetted out, vet will tell you. Vet to initial sheet



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Timekeepers for CTR

Your role is to...

- Check off the competitors as they depart and ensure they are ready on time and leave on time.
- Record their finish time when they cross the finish line.

Success looks like...

- A smooth day where competitors depart as per their time and coming back in a steady stream with smiles on their faces.

Where to go...

- To the start/finish line of the CTR.

What you'll need...

- Tidy but working, casual attire, closed and sturdy footwear.
- You will be supplied with pen and paper for recording, and clocks to read the time off.

Who can answer your questions...

- The main event convenor or CTR convenor.

Instructions:

Pre-ride

- You will have two clocks, one set to normal time and one set 30 mins later (which is used for their final vetting time). Use the normal time for checking off departure times. Do not adjust clocks at any time throughout day.
- Riders leave ride base in order of program. Start times are pre-allocated and they must stick to these times.
- Check riders have all correct riding equipment. Hard hat (with ESNZ tag), heeled boots (not gumboots) or cages on stirrups, no whips or spurs. Bits are optional (as are saddles and bridles!).
- Check off back number and rider name/s from the list. Ask if they are nearly ready.
- Tell them what time they are leaving and how much time they have left (ie 2 mins).
- Tell them when 30 seconds, 20, etc (up to you but give them warning) and count them down from 10 seconds.
- If they dawdle and are a few seconds late leaving that is their problem, for the record they've still left at the scheduled departure time. This also applies if the horse decides to relieve himself! However, no deliberate time wasting is allowed and you can tell them to get moving if need be!
- Do not worry about what their due time is. This is not your concern, they can find this out for themselves from the briefing. You only need to worry about what time they depart/ed.

Post-ride/across finish line

- Record back number and name
- Record time to the exact second they crossed the line (ie 12.06.52)
- Write down the 30 mins later time on a sticker/slip and give it to rider. You may then write this in empty column if you wish.

Example of Departure and finish time lists:

Departure times			Finish times		
Back #	Rider Name	Depart time	Back #	Rider Name	Arrival Time
1	Sophie	10:00:00	2	Rebecca	11:13:09
2	Rebecca	10:00:00	1	Sophie	11:13:20
3	James	10:03:00	3	James	11:15:50
4	Lucy	10:03:00	4	Lucy	11:15:52
5	Ben	10:06:00	6	Kate	11:22:13
6	Kate	10:06:00	5	Ben	11:22:16



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