

# Grade II Para Rider:

## AIMEE PROUT

and

## LAGHMOR



Hi my name is Aimee. I was diagnosed with Cerebral Palsy when I was two. I started riding at Riding for the Disabled New Zealand when I was 4 but then our family moved over to Western Australia. I then joined the RDA in Perth and rode everytime I could. I leased my first horse when I was 17 and soon started competing with RDA including state and national level competition. In 2010 I was chosen to compete at the Special Olympics National competition in Adelaide. Since we have moved back I have been classified for para Dressage. I am a profile 31b, Grade 2. Last season I competed my 16.3hh Irish draft cross gelding. This year I am on my new 16.2hh gelding, Laghmor. I ride Laghmor with stirrup cages, loops on my reins and a dressage whip.

