

# Grade 1b Para Rider:

## CHARLOTTE HOONHOUT

and

## AMARANTE



I'm Charlotte, a grade 1b Para-dressage rider with spastic diplegia Cerebral Palsy. This affects my legs, my hands and overall muscle control. I am profile 31a. As a child I rode with the Riding for The Disabled both in New Zealand and Dubai. I ride with two long whips, a soft handhold attached to the saddle and with my feet secured to the stirrups by bands. My horse Amarante is trained to response to the whips as an extension of my legs. The whips can also be used as a steering wheel when needed. Amarante also responses to a number of different voice commands. When I'm not in the saddle I'm a student at the University of Auckland studying international business and information systems.

